# SCHOOL NURSES THE KEY TO GOOD ORAL HEALTH DURING COVID-19

Tooth decay is the most common chronic disease during childhood. If left untreated, tooth decay can cause pain and serious infections. Children with toothaches are 4 times more likely to have lower grades.



The percentage of kindergarten children that have had tooth decay.



The percentage of lowincome children with <u>untreated</u> tooth decay.



Because of COVID-19, many children are not getting the dental care they need.



By doing verbal assessments or dental screenings, school nurses play a critical role in identifying children in need of dental care.



### VERBAL ASSESSMENT:

- Ask child if they have a toothache, teeth that hurt when eating, or teeth that wake them at night
- Look for signs of oral problems such as flinching/grimacing while eating or holding their face

#### **DENTAL SCREENING:**

- Simple, quick, non-invasive assessment of a child's oral health
- Use a penlight to look for obvious signs of tooth decay
- Ideal in-school tool for triaging children
- Classifies children as
  - Having no obvious problems
  - Needing non-urgent dental care
  - Needing immediate/urgent dental care

# **RESOURCES FOR SCHOOL NURSES**

#### Oral Health Screening Pocket Guide for School Nurses

www.mchoralhealth.org/materials/multiples/SchoolScreening/PocketGuide.pdf

#### Considerations for School Nurses in Return to Schools: Dental Screening

https://higherlogicdownload.s3.amazonaws.com/NASN/3870c72d-fff9-4ed7-833f-215de278d256/UploadedImages/PDFs/Dental\_Screening\_Considerations\_for\_School\_Nurses\_in\_Return\_to\_School.pdf

# **PPE FOR DENTAL SCREENINGS**

- Gloves
- Eye protection (goggles or face shield)
- Surgical mask



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