



University of California  
San Francisco

# Welcome to Today's Lunch and Learn

*The program will begin  
shortly...*

## Lunch and Learn

Thursday,  
March 18, 2021  
12 – 1:30 PM (PST)

Registration required

Sponsored by



UCSF

## Introducing a Sugar-Sweetened Beverage Intervention Guide

Presented by

Jessica Byers, MS, MPH  
CA Department of Public Health  
OFFICE OF ORAL HEALTH

To Register:  
See link  
below



For Additional Information Visit Resource Link

[When Sugar is NOT so Sweet](#)

# Housekeeping Tips

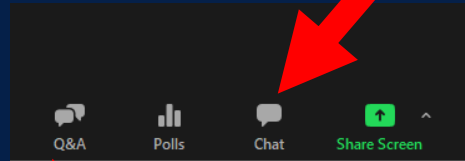
To achieve the best participant experience, please note the following:

## SOUND AND VIDEO

- Join with computer or internet if you have a poor phone signal
- Expand Zoom window to “full screen mode”
- Adjust presentation to “fit to window”

## Q&A

- For technical difficulties, type your question in the [chat box](#)



- Ask your questions for the speakers in the [Q&A box](#) at the bottom of your screen

## RECORDING

- This session will be recorded and posted on the COHTAC’s website

# Today's Program

UCSF

***Introducing a Sugar-Sweetened  
Beverage Intervention Guide,  
When Sugar is NOT-So-Sweet***



**Presented by:  
Jessica Byers, MS, MPH  
Rethink Your Drink  
Coordinator  
California Department of  
Public Health, Office of  
Oral Health**

When sugar is **NOT** so sweet!

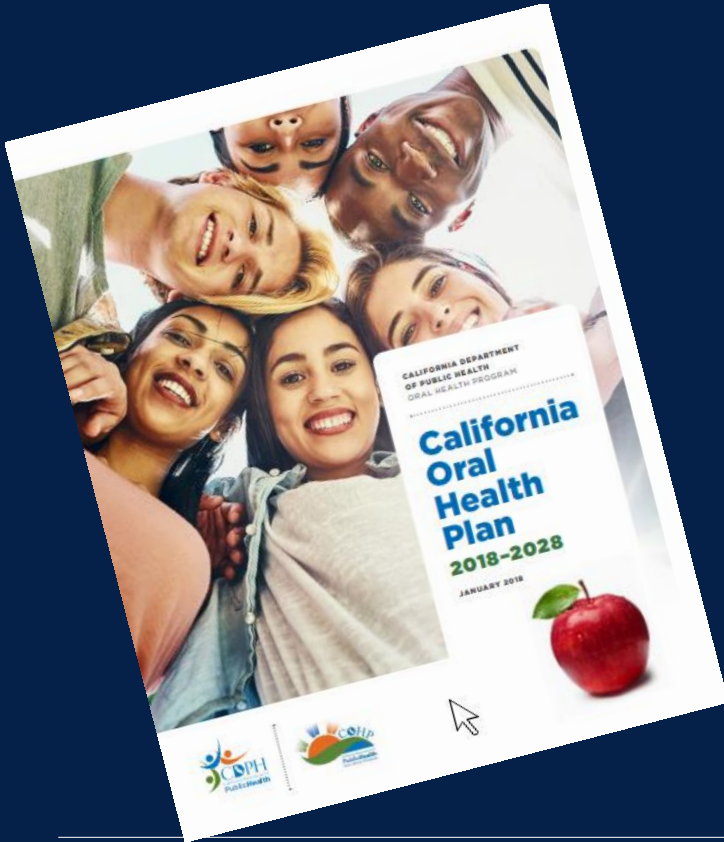


# California Oral Health Plan

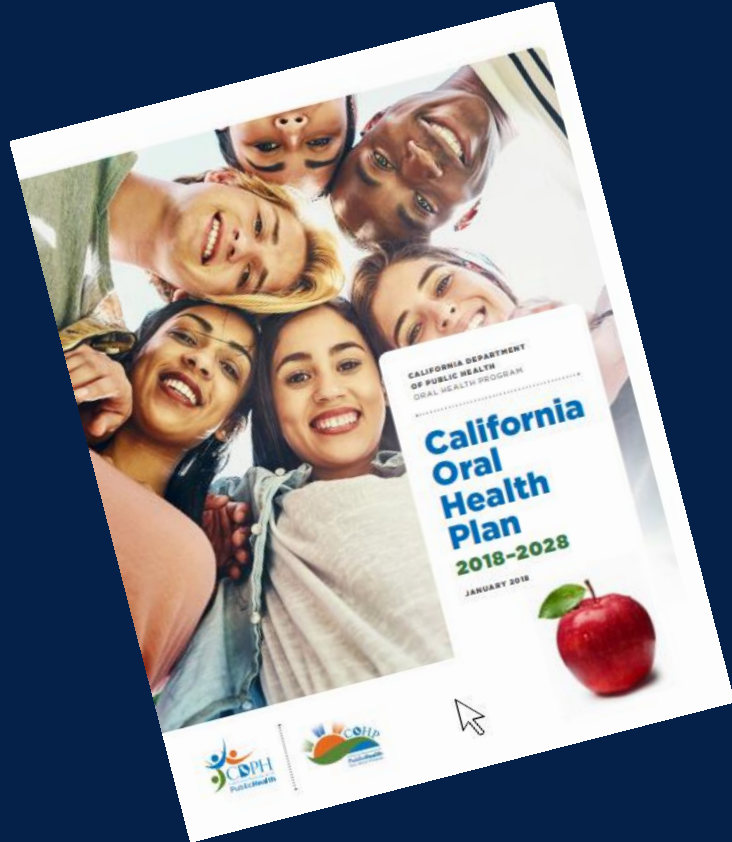
## Goal 1

### Improve the oral health of Californians

- Address determinant of health
- Promote healthy habits and population-based prevention interventions to attain healthier status in healthy communities



# California Oral Health Plan



Goal 1



Strategy  
1.2

Provide dental health professionals with a protocol and tools to screen, counsel, refer, and follow up with patients who are affected by common risk factors for chronic diseases

# Local Oral Health Programs

Work Plan, Objective 8:



Address common risk factors for oral diseases and chronic diseases including tobacco and sugar and promote protective factors that will reduce disease burden.

8.6	Create an inventory of RYD materials and resources.
8.7	Develop and deliver training/webinar on RYD for local dental offices.
8.8	Connect dental offices to RYD materials and resources.



# RYD Resources

## COHTAC Website

California Oral Health  
Technical Assistance Center










COVID-19 Our Programs CDPH OOH Resource Center News & Events About Us

Home > Resource Center

### Resource Center

The California Oral Health Technical Assistance Center (COHTAC) Resource Center is a searchable database that is continuously updated to provide a wide selection of dental public health resources.

Search for a resource... **SUBMIT**

<b>Educational Resources</b> 	<b>Fluoride Prevention Programs</b> 	<b>Health Literacy and Cultural Competency</b> 
<b>Linkages to Care Delivery</b> 	<b>Medical and Dental Integration</b> 	<b>Planning Deliverables</b> 
<b>Rethink Your Drink</b> 	<b>School and Screening Programs</b> 	<b>Tobacco and Vaping Cessation</b> 

**COVID-19 Resources**  
Access all of our COVID-19 related resources on our dedicated page.

**Browse by Audience**  
See all Audiences >

**Browse by Topic**  
See all Topics >

**Browse by Type**  
See all Types >

**Browse by Objective**  
See all Objectives >







University of California  
San Francisco



# When Sugar is NOT so Sweet! Video

[\(1\) Training: When Sugar Is Not so Sweet - YouTube](#)

# Training Video



The video player interface features a blue gradient background. In the upper right corner, there are three white sugar cubes. The title 'Step by Step Guide: When Sugar is Not so Sweet' is displayed in white text. Below the title, the text 'California Department of Public Health Office of Oral Health' is shown. At the bottom, a grey bar contains the presenter's name 'Jessica Byers, MS, MPH' and her title 'Rethink Your Drink Coordinator'. To the right of the name are logos for CDPH and a Creative Commons license. The video progress bar shows '0:00 / 13:24' and includes standard playback controls.

Step by Step Guide:  
When Sugar is Not so Sweet

California Department of Public Health  
Office of Oral Health

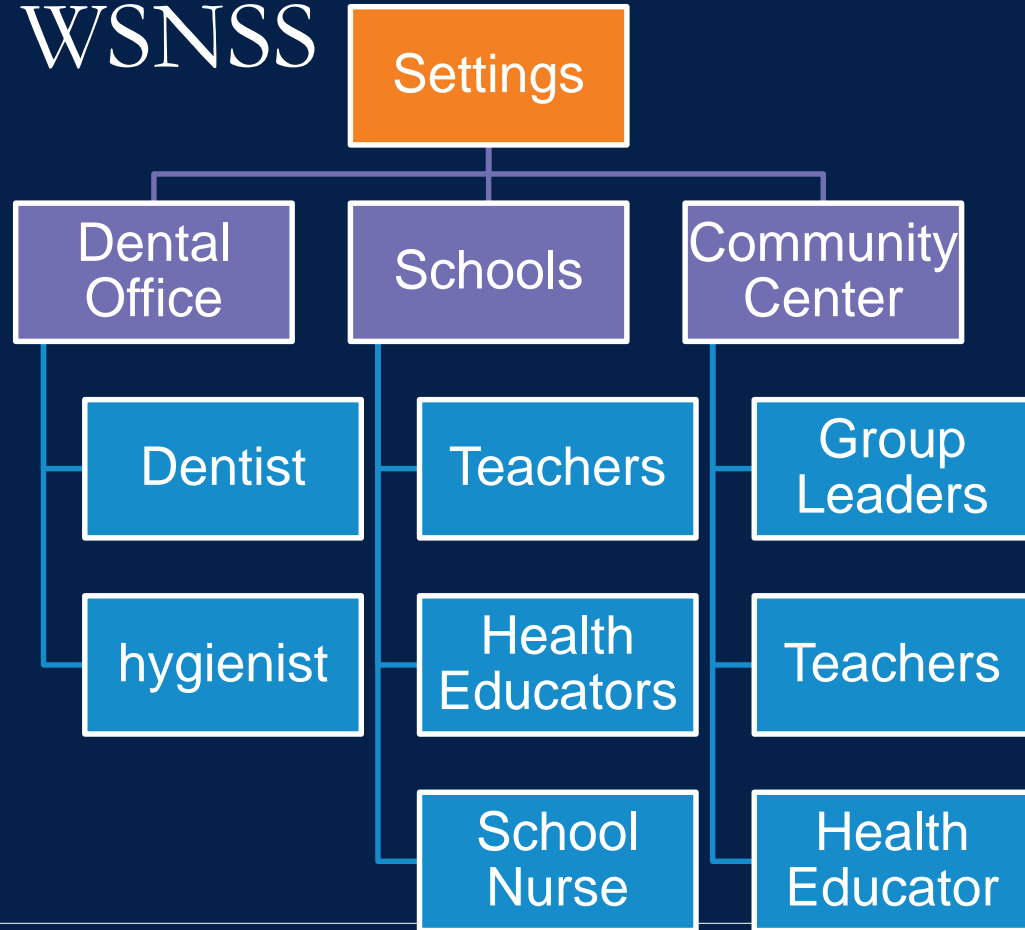
Jessica Byers, MS, MPH  
Rethink Your Drink Coordinator

CDPH  
Public Health

CC BY-NC-SA

0:00 / 13:24

# Where to use WSNSS



# Printing the Guide

- LOHP print front-to-back and laminate and distribute
- Dental office print
- Use on tablet/device



# Nutritional Counseling Proposal

## 3.11.2: Nutritional Code Pending

- Currently not available as a payable benefit except under the Dental Transformation Initiative only in pilot counties (children <6 years of age)
- DHCS CalAim proposal includes payment for nutritional counseling for children <6 – waiting on approval
- For more information:  
<https://www.dhcs.ca.gov/provgovpart/Documents/CalAIM-Proposal-Updated-02172021.pdf>



# Speaker Q & A

Please type your questions in the Q & A box and we will get to as many as possible.

# Thank you!

[Jessica.byers@cdph.ca.gov](mailto:Jessica.byers@cdph.ca.gov)



**Choose healthy drinks for healthy teeth.  
Drink water and low-fat milk.**



University of California  
San Francisco



NEXT

Lunch and Learn

May 20, Thursday, 12 – 1:30 PM

*Successful Media Interviews: What to Do Before,  
During and After a Reporter Interviews You!*





University of California  
San Francisco



On behalf of

UCSF - COHTAC  
CDPH, OFFICE OF ORAL HEALTH

Thank you for Attending Today's  
Lunch and Learn



University of California  
San Francisco