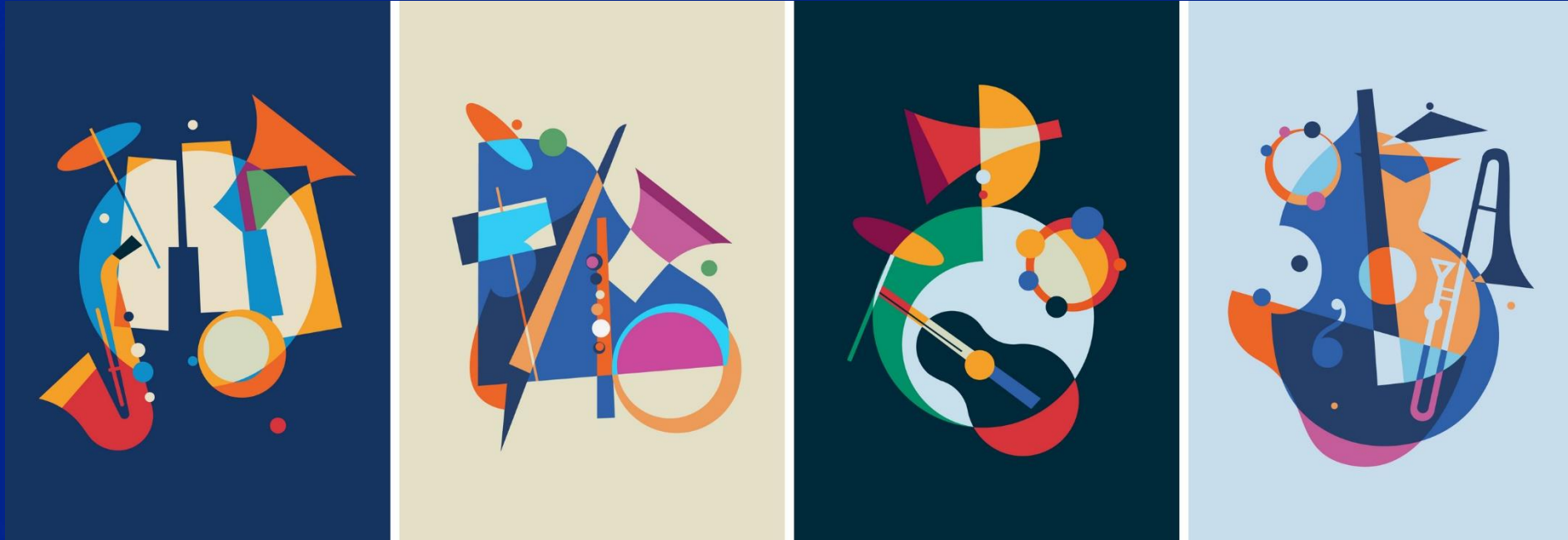


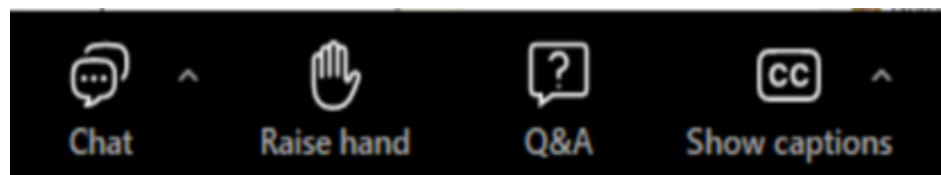
Welcome to CDPH School Health Office Hours!



**Stay tuned
Enjoy the music!**

Welcome

During the meeting, **please raise your hand to be unmuted** and ask a question. We encourage active participation by raising hands, sharing information in the chat box, and using the Q&A feature.





CDPH School Health

Bi-weekly Update Meeting & Office Hours

Email: SafeSchoolsTeam@cdph.ca.gov

School Hub: schools.cdph.ca.gov

Unlocking Student Success:

Lifting Student Voices &

Brushing up on

Oral Health

Objectives

- Learn of **important changes regarding screening transitional kindergartners** in response to AB2630 as part of the **Kindergarten Oral Health Assessment (KOHA)**.
- Keep students' smiles bright in **identifying preventative dental health measures** and other **oral health supports and resources** for CA schools and students.
- Understand the **link between poor oral health and increased absenteeism** and the impact on academic performance and where **preventative measures can be taken to minimize poor oral health** downstream effects.
- Discover how the CalHOPE Schools Initiative's Hope & Justice Contest called Youth Voices for Mental Health puts **youth voices** at the center of **conversations about mental health and access to mental health services** through creative expression.

Agenda

1

Welcome

2

Office of School Health Updates

3

School-Located Vaccine Events

4


CalHOPE Schools: Hope & Justice

5

Student Oral Health

6

Close



CDPH Immunization Branch

Upcoming Webinar: Planning School Located Vaccine Events (SLVEs)

- Please join us **Wednesday, February 12, 2025, from 2:00 pm – 3:00 pm** for a webinar on planning school located vaccine events for **this** spring.
- While content will focus on adolescent events (6th graders) with Tdap, HPV and MCV4 vaccines, planning principles apply to all vaccines.
- Register at [Webinar Registration - Zoom](#)



ADOLESCENT
SCHOOL-LOCATED
VACCINATION EVENTS
WEBINAR

JOIN US

February 12, 2025 at 2:00 PM

The purpose of this webinar is to support schools preparing for Spring school-located vaccination events. The webinar will focus on events targeting adolescents for HPV, Tdap and MCV4 vaccines.

This webinar will cover:


- Basic steps in for planning a school-located vaccination event
- An introduction to new web assets, including an updated school-located vaccine event web page and new adolescent-specific resources
- Lessons learned from guest speakers regarding their own Tdap/HPV/MCV4 vaccine event experiences at schools.

Anyone interested in coordinating school-located vaccine events, for adolescents or other populations, is encouraged to attend.

REGISTER NOW

OR SCAN QR CODE





Youth Creating Change a Partner to CalHope Schools

Youth Voices for Mental Health



AN INTRODUCTION TO YOUTH CREATING CHANGE

February 4, 2025



YOUTH CREATING CHANGE

 *Directing Change*
Program & Film Contest



YOUTH CREATING CHANGE

Youth Creating Change is a non-profit organization (501(c3)) dedicated to placing young people's voices and creativity at the center of suicide prevention and mental health programming.

Core Initiatives:

- **Suicide Prevention and Mental Health Curriculum delivered through film and art contests**
- Mental Health Thrival Kits
- Awareness & Education
- Youth Development
- District, School & CBO Trainings
- Support After Youth Suicide Death
- Parent Engagement



LEARN

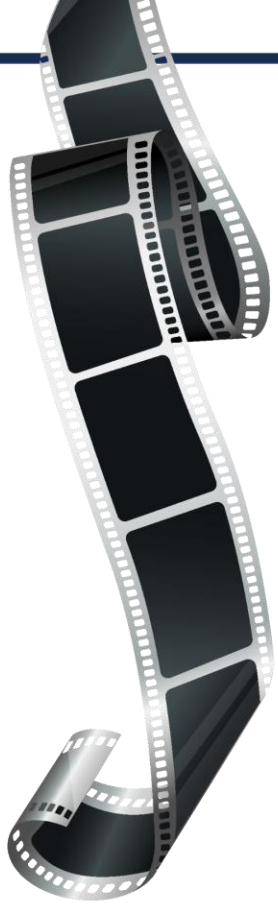
APPLY

SHARE



Directing Change
Program & Film Contest



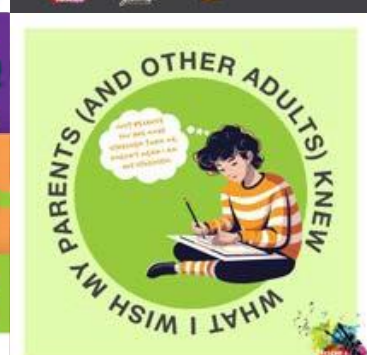
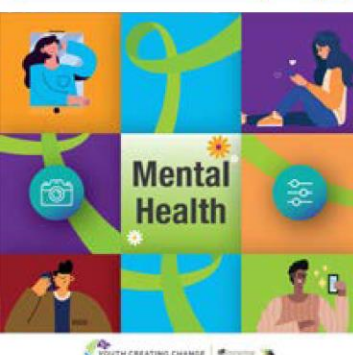


YOUTH CREATING CHANGE

[LINK](#)



YOUTH CREATING CHANGE



HOPE & JUSTICE FILM & ART CONTEST

The Hope & Justice Art and Film Contest centers topics youth are grappling with in their day to day lives – mental health, racism, economic uncertainty, climate change, health disparities – with prompts that ask them to process their feelings and build healthy coping skills through creative expression.

- Open to young people 12-25 in California
- Offered throughout the school year
- All art forms accepted (including visual art, poetry, narrative works, short films/PSAs, original music, dance, TikToks, and more!)
- Win up to \$300 in Amazon gift cards

www.HopeandJustice.art





The CalHOPE Schools Initiative offers no-cost resources for students and schools to support relationships, build resilience, and provide inspiration and support for students, educators, and families. Resources include films that spark conversations about mental health, curriculum and support materials for educators and parents, and programming that supports social-emotional learning. To learn more visit CalHOPESchools.org.



CalHOPE
Schools

Visit Youth Voices for Mental Health Virtual Art Gallery:

www.hopeandjustice.art/youth-voices-for-mental-health/



FEBRUARY PROMPT: FIND YOUR ANCHOR

All of us benefit from an anchor, one that keeps us firmly planted, no matter what winds or storms may come. February's prompt is inspired by the [Find Your Anchor non-profit](#). Think about what your anchor is when you are going through a tough time. How does it remind you to stay hopeful? An anchor could be a hobby or activity, a form of self-care like music, journaling, or breathing, or any little thing that brings you joy, helps you cope, and reminds you about your reason for living. **Entries due Feb 28, 2025.**

Check out our [Prompt Calendar](#) for more prompts.



"In this piece music is my anchor. Intricate melodies help me find the light when I feel stuck in the dark. Music gives me hope. Hope that whatever problem I am facing will soon be resolved." Bayley, 9th Grade

Sponsored By



This prompt is sponsored by CalHOPE Schools. The CalHOPE Schools Initiative offers no-cost resources for students and schools to support relationships, build resilience, and provide inspiration and support for students, educators, and families.

For support materials for educators and parents, and programming that supports social-emotional learning visit CalHOPESchools.org



“We’ve all heard that it’s okay to be different, however it doesn’t always feel that way. This piece is a metaphor about how in a sea of people, or in this case fish, individuality shines through the dullness of what we perceive as “normal”. We as individuals send ripples out into the world and have an effect on others, leaving behind a glance, a smile, a memory. Sometimes it takes us time to grow into and embrace our uniqueness, and I hope this piece reminds people it’s okay to be different and beautiful in their own way.”

*Student, Claremont High School,
Tri-City (Los Angeles County)*



“ONE IN MANY”



“As a young closeted queer person, I often felt alone. However, once I finally got to high school, I saw all of these wonderful openly LGBTQ+ people who were happy to reach out their hand to me. They supported me as I came into my own identity and helped me gain the confidence to be out myself. Seeing them out and proud gave me such hope for the future.”

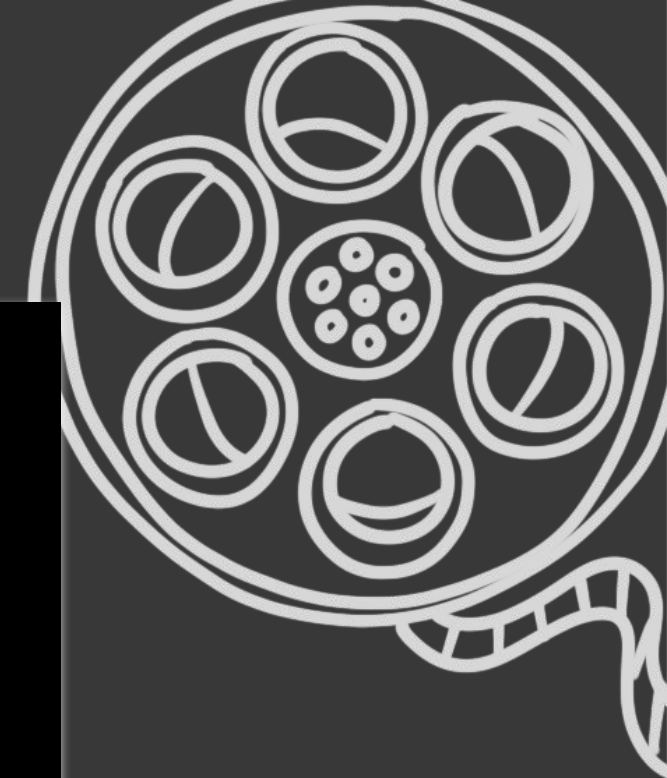
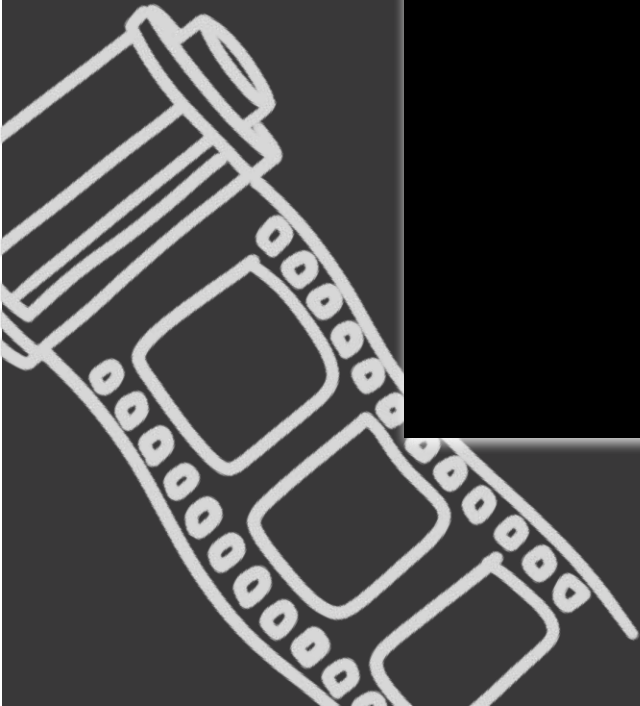
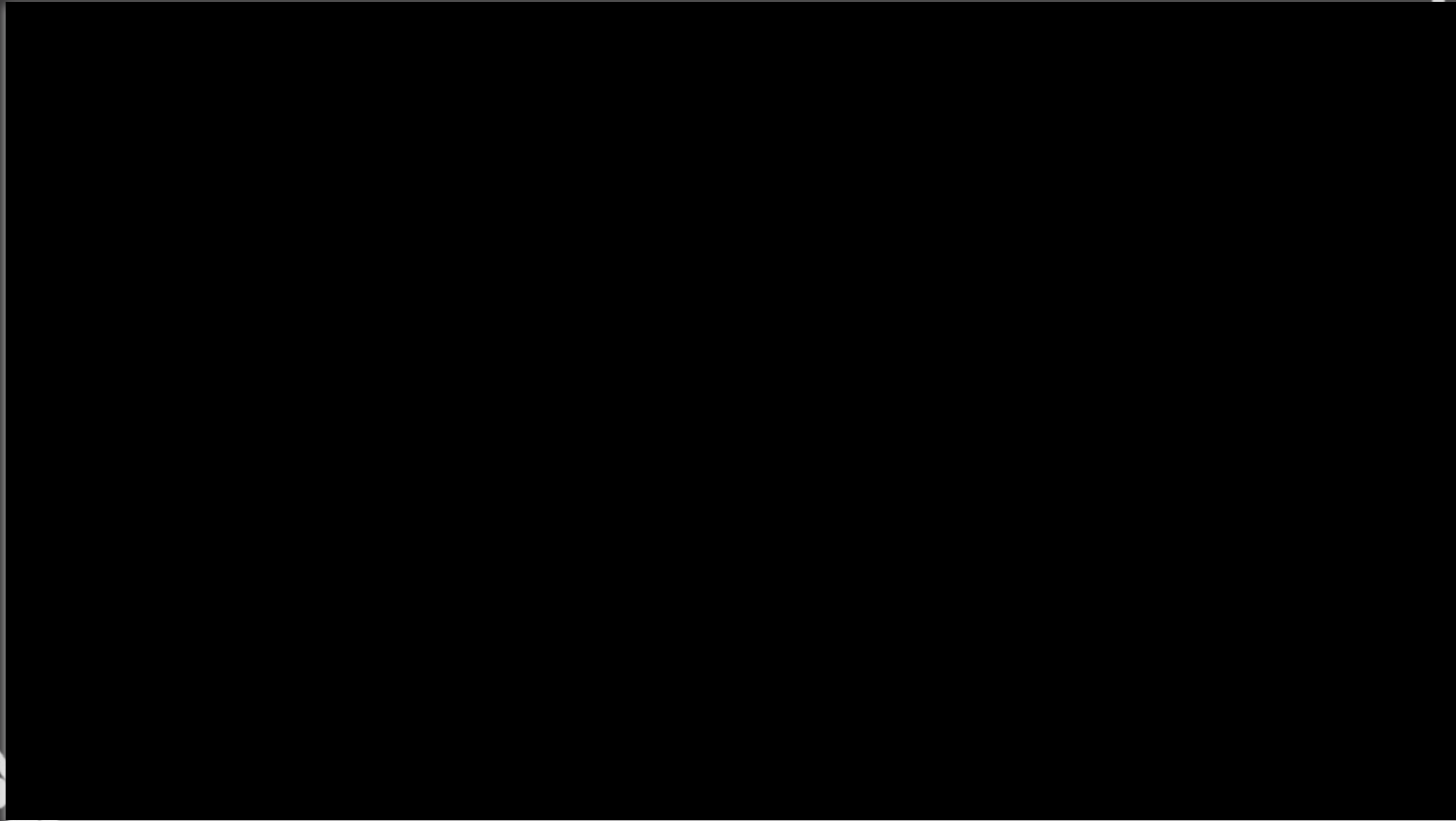
Student, Angelo Rodriguez High School, Solano County

“BLOSSOMING IDENTITY”



FINGERPRINTS

Rancho Minerva Middle School Students | San Diego County



[View](#)



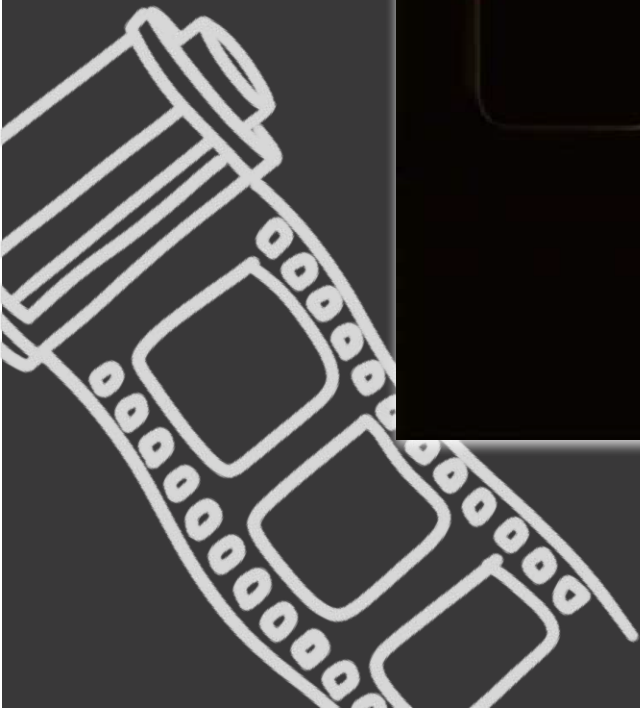
Directing Change
Program & Film Contest

BLOOM

San Diego Met High School Students | San Diego County



[View](#)

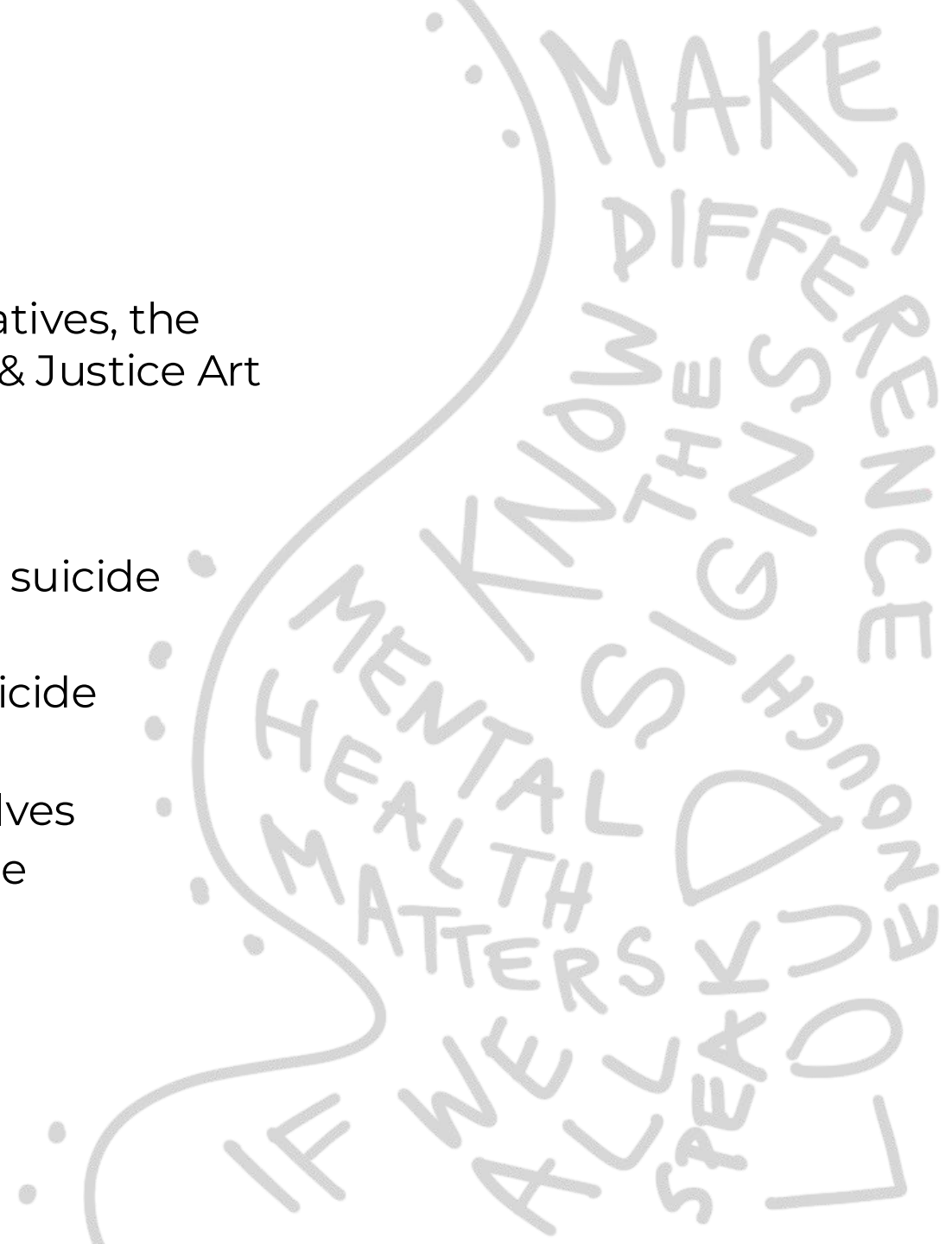


Directing Change
Program & Film Contest

LEARNING OBJECTIVES

By participating in Youth Creating Change's core initiatives, the Directing Change Annual Film Contest and the Hope & Justice Art and Film Contest, youth learn to:

- Learn the warning signs for suicide
- Don't keep it a secret if a friend is thinking about suicide
- Talk to a trusted adult
- Ask a friend directly if they are thinking about suicide
- Understand mental health
- Be aware of resources to help a friend or themselves
- Apply effective messaging and inclusive language
- Explore critical health and social justice topics
- Identify healthy coping techniques



LEARNING OBJECTIVES EMBEDDED INTO SUBMISSION CATEGORIES

(30-second and 60-second PSAs accepted; Deadline March 1, 2025)



**Suicide
Prevention**



**Mental
Health**



**Through the
Lens of Culture**



**Walk in Our
Shoes**



**Animated
Short**



DOWNLOAD AND USE MATERIALS

A variety of digital toolkits include turn-key resources such as social media sharables, email templates outreach materials, and videos to celebrate Mental Health Matters Month in May, Suicide Prevention Week in September, and more.

www.YouthCreatingChange.org/awareness-education

May is Mental Health Matters Month



Mental Health Matters Month Toolkits



Suicide Prevention Week Toolkits



Youth Led Activity Tip Sheet



Hundreds of Youth Created PSAs



Parent Education Resources

Lesson Plans and Educational Resources

Mental Health Thrival Kits

MENTAL HEALTH THRIVAL KITS

The Mental Health Thrival Kit can be used to celebrate wellness and promote positive coping skills for youth with easy-to-follow activities to enhance skills for social-emotional wellness.

The digital kit includes journaling prompts to promote reflection and self-expression, breathing and grounding techniques, coloring pages, as well as mental health and crisis resources.

Kits are currently available in English and Spanish, as well as for Korean American youth and Filipino American youth.

To download Mental Health Thrival Kits or to be added to the waitlist for printed journals please visit

www.youthcreatingchange.org/mental-health-thrival-kits/



GET INVOLVED:

I am looking for [youth-created PSAs](#) to share on social media, TV, at a movie theater or during a presentation.

I am interested in getting [involved as a judge](#) to review youth-created film and art projects.

I want to [download](#) Mental Health Thrival Kits

I would like to [sign up](#) for the monthly newsletter.



THANK YOU FOR YOUR TIME

Jana Sczersputowski, MPH

Executive Director

Jana@YouthCreatingChange.org



Directing Change

Program & Film Contest

DirectingChangeCA.org



HopeandJustice.art



YOUTH CREATING CHANGE



Moment of Mindfulness- *Take a deep breath*

Office of Oral Health



Student Oral Health by Office of Oral Health

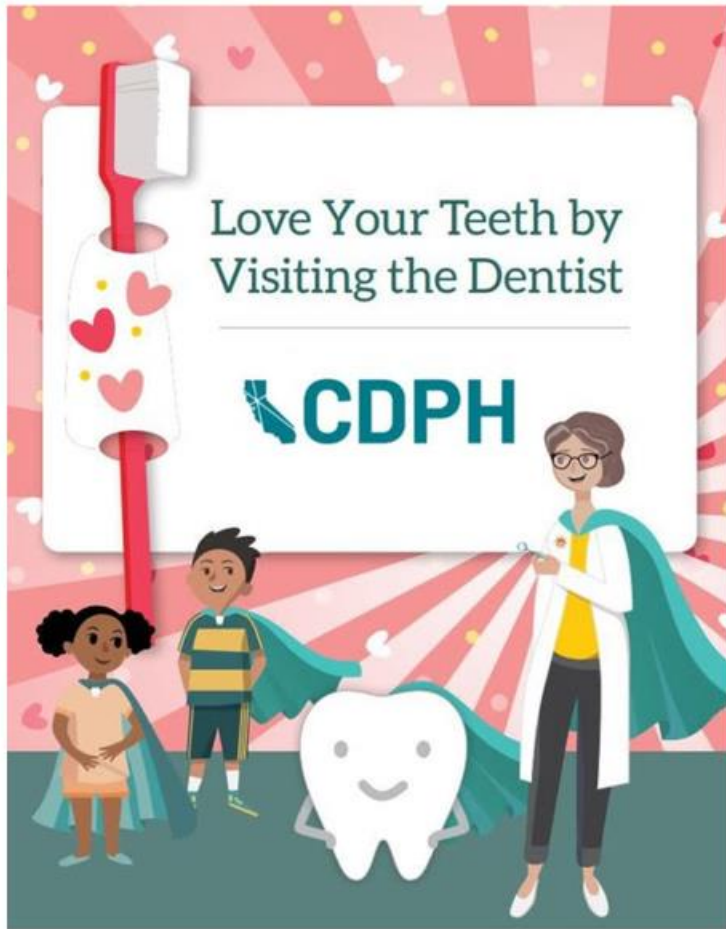
School Health Update Meeting and Office Hours

February 4, 2025

Paula Lee, RDHAP, MPH
Local Programs & Statewide Interventions
Unit Manager

Karen Jacoby
Policy Lead &
School Dental Program Coordinator

National Children's Dental Health Month



- February 2025
- Dedicated to raising awareness about the significance of oral health for children.
- National health observance to promote the benefits of good oral health.



Student Oral Health and School Success

Importance of Student's Oral Health



[OOH Infographic Oral Health 07.16.24.pdf](#)

[School Oral Health Programs & KOHA | California Oral Health Technical Assistance Center](#)



Children's Oral Health Matters for School Success



Missing school days due to dental decay can negatively impact success in school and is costly for school districts.

351,000

children and teens missed at least one or more days of school due to dental problems in the past year (asked in 2022). 87 percent of these children missed more than one day of school.



Tooth decay is the most chronic yet preventable health care need among California's children.

869,202

school days missed in a year due to dental problems, costing school districts approximately \$60 million.

To help your child have a healthy smile and successful school year:

Brush twice a day and visit your dentist when recommended! Children should brush for a full two minutes and use only a pea size amount of fluoridated toothpaste.

Let's make sure our children have **bright smiles and bright futures!**

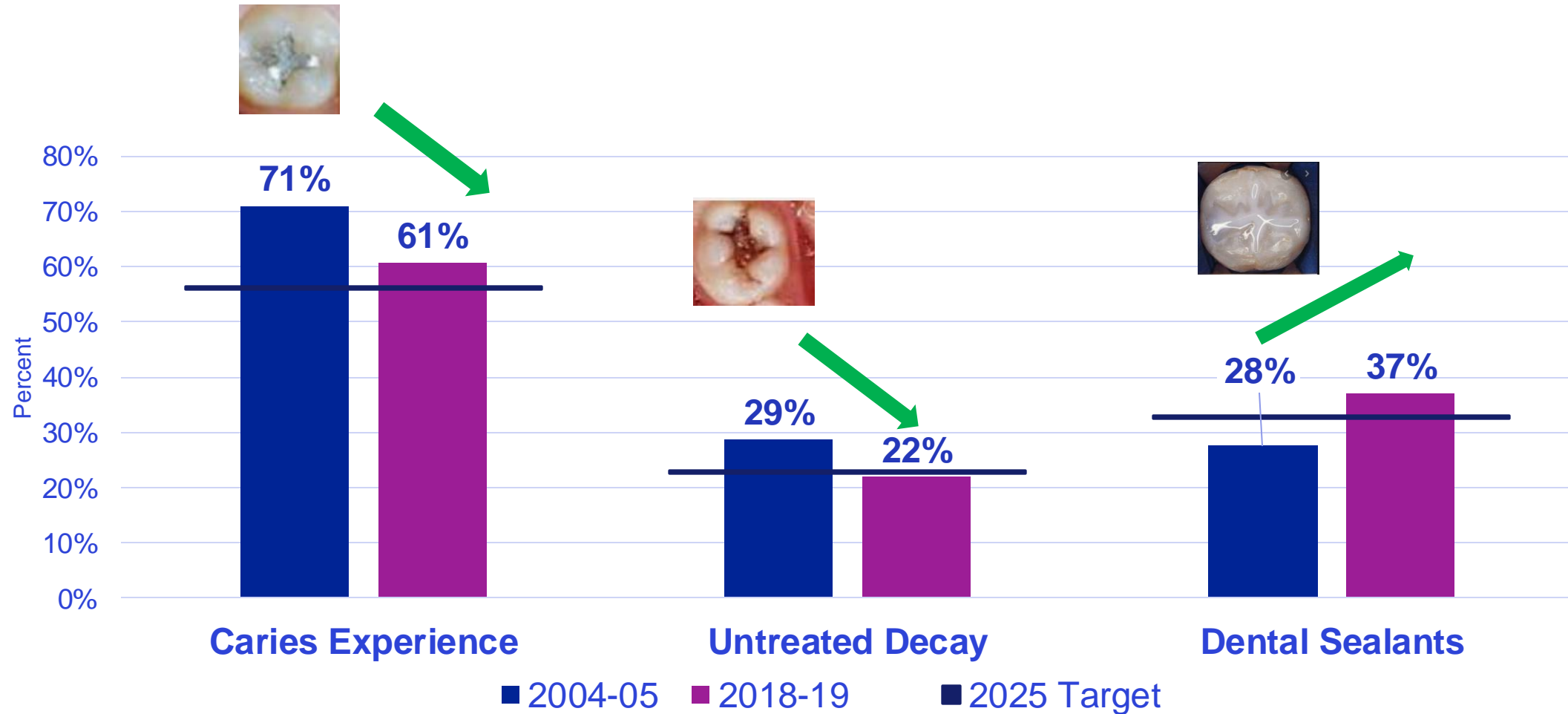
Student's Oral Health & Absenteeism



- > **60%** of children have experienced tooth decay by 3rd grade.*
- **1 in 5** children have untreated tooth decay.*
- Caries disease (causes tooth decay) is 100% preventable.

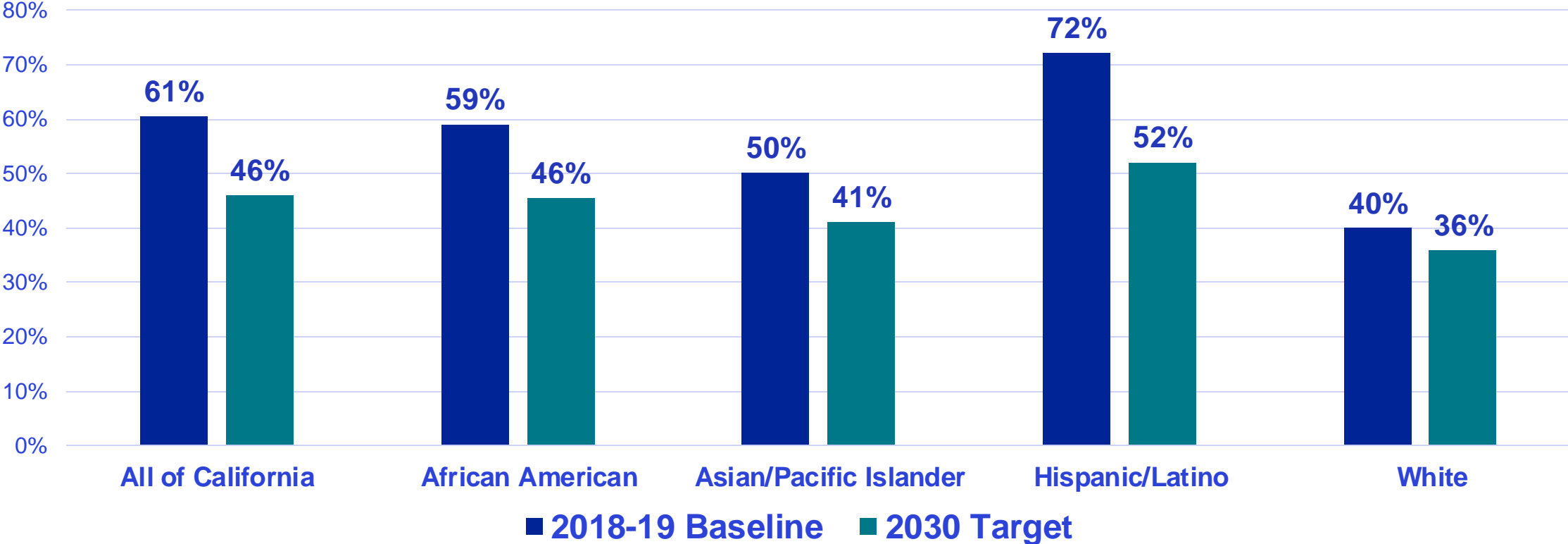
California Smile Survey 3rd Graders

School Year 2004-2005 and 2018-2019



Goal: 50% reduction in oral health disparities in children by 2030

Caries Experience among 3rd grade children



Number of Priority Schools

	Schools	K-6th Enrollment
Rural	1223	398,008
Urban	3403	1,648,061
Total	4626	2,046,069

Priority Schools =

- Public elementary urban schools with > 50% of students on the free or reduced-price meal program
- All rural schools

School-based Dental Programs



Kindergarten Oral Health Assessment (KOHA)



[EDC 49452.8](#) (AB 1433)

- Passive consent (SB 379)
- Screen all kindergartners - TK & K (AB 2630)
- Vision, hearing, and oral health screening

KOHA Requirements



- All children must have a dental assessment not later than **May 31**, kindergarten or 1st grade
- All KOHA data is reported into System for CA Oral Health Reporting (SCOHR) by **July 1st**



KOHA Form (July 2022)

California Department of Public Health
July 2022– Page 1 of 2

Oral Health Assessment Form

California law (*Education Code* Section 49452.8) says every child must have a dental check-up (assessment) by May 31st of his/her first year in public school. A California licensed dental professional must do the check-up and fill out Section 2 of this form. If your child had a dental check-up in the last 12 months, ask your dentist to fill out Section 2. If you are unable to get a dental check-up for your child, fill out the separate Waiver of Oral Health Assessment Requirement Form.

This assessment will let you know if there are any dental problems that need attention by a dentist. This assessment will also be used to evaluate our oral health programs. Children need good oral health to speak with confidence, express themselves, be healthy and, ready to learn. Poor oral health has been related to lower school performance, poor social relationships, and less success later in life. For this reason, we thank you for making this contribution to the health and well-being of California's children.

Section 1: Child's Information (Filled out by parent or guardian)

Child's First Name:	Last Name:	Middle Initial:	Child's Birth Date:
			MM - DD - YYYY
Address:			Apt.:
City:			ZIP Code:
School Name:	Teacher:	Grade:	Year child starts kindergarten:
			XXXXXX
Parent/Guardian First Name:	Parent/Guardian Last Name:	Child's Gender:	
		<input type="checkbox"/> Male <input type="checkbox"/> Female	
Child's Race/Ethnicity:	<input type="checkbox"/> White <input type="checkbox"/> Native American <input type="checkbox"/> Black/African American <input type="checkbox"/> Multi-racial <input type="checkbox"/> Hispanic/Latino <input type="checkbox"/> Native Hawaiian/Pacific Islander <input type="checkbox"/> Asian <input type="checkbox"/> Unknown <input type="checkbox"/> Other (please specify) _____		

Continued on Next Page

California Department of Public Health
July 2022– Page 2 of 2

Section 2: Oral Health Data Collection (Filled out by a California licensed dental professional)

IMPORTANT NOTE: Consider each box separately. Mark each box.

Assessment Date: MM - DD - YYYY	Untreated Decay (Visible Decay Present) <input type="checkbox"/> Yes <input type="checkbox"/> No	*Caries Experience (Visible decay and/or fillings present) <input type="checkbox"/> Yes <input type="checkbox"/> No
Treatment Urgency: <input type="radio"/> No obvious problem found <input type="radio"/> Early dental care recommended (caries without pain or infection; or child would benefit from sealants or further evaluation) <input type="radio"/> Urgent care needed (pain, infection, swelling or soft tissue lesions)		
_____ Licensed Dental Professional Signature CA License Number Date		

*Check "Yes" for Caries experience if there is presence of untreated decay or fillings
Check "No" for Caries experience if there is no untreated decay and no fillings

Section 3: Follow-up to Urgent Care (Filled out by entity responsible for follow up)

Parent notified that child has urgent dental care need on:	MM - DD - YYYY
A follow-up appointment for this child has been scheduled for:	MM - DD - YYYY
Did child receive needed treatment?	<input type="radio"/> Yes <input type="radio"/> No (If no, entity responsible for follow-up will be encouraged to check back in with parent) <input type="radio"/> I don't know

The law states schools must keep student health information private. Your child's name will not be part of any report as a result of this law. This information may only be used for purposes related to your child's health. If you have questions, please call your school.

Return this form to the school *no later than* May 31st of your child's first school year.
Original to be kept in child's school record.



[KOHA Forms | California Oral Health Technical Assistance Center](#)

System for California Oral Health Reporting (SCOHR)

- Enter required KOHA data
- Centralized online
- Free & easy
- Become a SCOHR user



SCOHR AB 1433 Overview SJCOE/CodeStack Accessibility Data Capture Reporting Sign Up

We are updating our account security. As part of our ongoing focus on keeping your account secure, SCOHR is implementing strong password requirements enhancements. Please use the Forgot Password to update your password. Thank you.

@ Username

? Password

[Forgot Password](#)

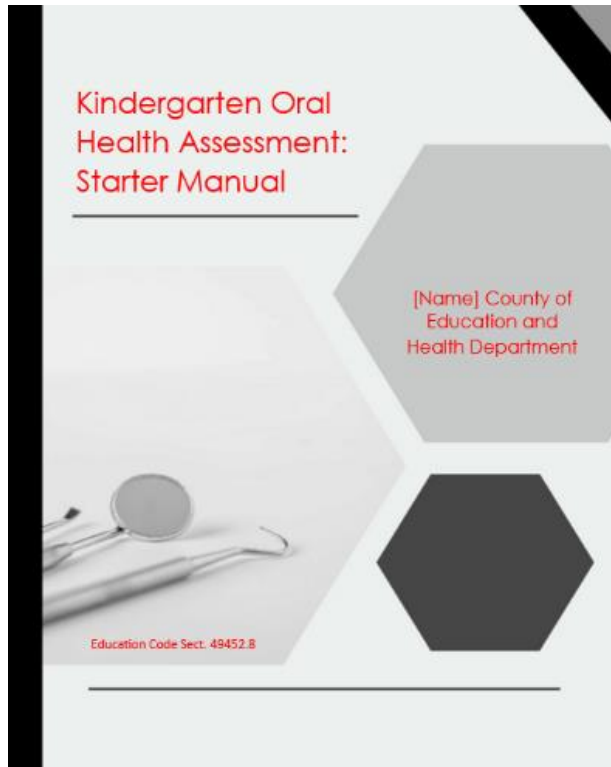
Welcome to the SCOHR (System for California Oral Health Reporting)

SCOHR was developed by the SJCOE (CodeStack Department) and in collaboration with the ACSA, CDA, and CCSESA, to provide a centralized online method of all required student oral health assessment data.

Schools in participating districts will have access to input, manage, and track electronic Oral Health Assessment/Waiver Request Forms and all oral health assessment data, bulk upload data to pre-fill the Oral Health Assessment/Waiver Request Forms, print pre-filled Oral Health Assessment/Waiver Request Forms (individually or in-bulk), and export all data into a standardized format.

Developed by CodeStack, a department of
San Joaquin County Office of Education.
© 2020 SCOHR. All Rights Reserved.

KOHA Starter Manual for Schools (customizable!)



Content:

- KOHA Overview
- Implementation - step by step
- KOHA data reporting in SCOHR
- Running Reports in SCOHR
- Tips for school staff, nurses
- Timeline and checklist
- Forms



- [COHTAC Share & Learn: New School Dental Program Resources - YouTube](#) time stamp 17:45 – 29:35
- [California Oral Health Technical Assistance Center \(ucsf.edu\)](#)

Improving Student's Oral Health



Education & Prevention School-based

- [EDC 51890](#)
 - Oral health, vision, and hearing health education
 - KOHA events
 - Dental sealant programs
 - Dental care coordination, especially for urgent dental needs



Buerlein J. Promoting children's oral health. A role for school nurses in prevention, education, and coordination. NASN Sch Nurse. 2010 Jan;25(1):26-9.

Local Cross-Sector Partnership Roles:

Local Health Departments & Dental Providers



- **Role of local oral health programs (LOHPs)**
 - Identify schools with the greatest need
 - Track number of schools and children participating in dental programs
 - Implement the Kindergarten Oral Health Assessment policy
 - Help schools connect to local providers and facilitate dental programs
 - Facilitate referral of children and track referral closure
- **Role of dental providers: dentists and dental hygienists**
 - Volunteer at screening/sealant days at schools
 - Accept children into their practice who are identified as needing services
 - Report referral closure

Local Cross-Sector Partnership Roles:

Schools



- **Role of school administrators, student wellness coordinator, school nurse:**
 - Work with local public health programs and dental providers to start school-based/linked programs
 - Support programs in schools and promote benefits to teachers, staff, and parents
 - Encourage schools to develop relationships with local dental offices and community dental clinics to help children get dental care
 - Help children enroll in programs by putting information for parents into registration packets at beginning of school year

Office of Oral Health (OOH)



- Funds Local Oral Health Programs (LOHPs)
- ALL 61 local health jurisdictions
- Reach out to your county's LOHP



Medi-Cal Dental Resources



- [Oral Health and School Readiness | Smile California \(and KOHA\)](#)
- [National Children's Dental Health Month | Smile California](#)
- [Children's Dental Health Education Packages | Smile California](#)
- [Social Media Gallery | Smile California](#)
- [Online Care Coordination Referral Form](#)



Request Your NCDHM Event Kit

Bring the Healthy Smile Land Journey to Your Community

Partners can now request a free NCDHM Event Kit to enhance their local events!

Each package includes:

- **NEW** Healthy Smile Land Coloring Activity Sheet
- **NEW** *Smile, California* stickers
- **FREE** branded toothbrushes for adults and kids

How to request your kit:

- Fill out a short request form, including a quick survey about your community's needs.
- Scan the QR Code



Thank
you!

Contacts:

Karen.Jacoby@cdph.ca.gov

Paula.Lee@cdph.ca.gov



CDPH School Health

Bi-Weekly Update Meeting & Office Hours

Oral Health Q&A



Let us know...

What did you learn today?



Let us know...

How did we do?

Technical Assistance to Local Partners



The Office of School Health maintains an email account that is dedicated to:

- Supporting local education and health partners through technical assistance
- Answering questions
- Assisting in locating resources
- Capturing feedback on CDPH guidance and programs that support schools and youth health



SafeSchoolsTeam@cdph.ca.gov



Thank you!

The Office of School Health is here to support you

SafeSchoolsTeam@cdph.ca.gov