



## Share & Learn: Bringing Local Oral Health Programs and California Home Visiting Programs Together August 15, 2024

**Speakers** 

Ciara Hunt, California Home Visiting Program Paula Lee, Office of Oral Health Local OHP/CHVP Coordinators: Modoc, Pasadena, San Diego, & Siskiyou **Facilitator** Aubri Kottek, COHTAC at UCSF

# Housekeeping

- Meeting is being recorded and will be posted on the COHTAC website and YouTube channel – follow up materials and recording link will be emailed
- Questions, comments, and resource sharing are welcomed in the chat box and will be answered at the end of the presentations – please stay muted until called on
- As always, we appreciate your feedback please take a minute at the end to complete our evaluation survey
- Disclaimer: The presentations today are the content of the speakers and do not necessarily represent the views of the Office of Oral Health or the California Oral Health Technical Assistance Center (COHTAC)



# Learning Objectives & Agenda

#### **Objectives**

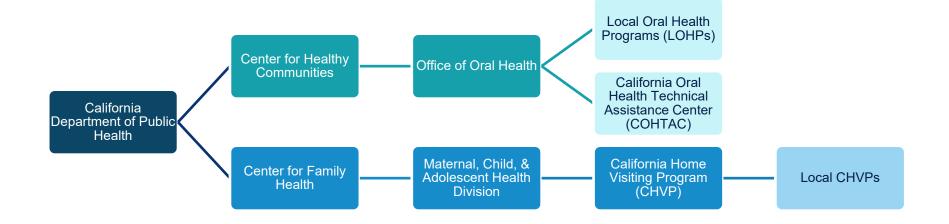
- Learn the goals and objectives of LOHPs and CHVPs
- Understand the importance of oral health across shared priority populations
- Connect local CHVP and LOHP coordinators
- Discuss opportunities to collaborate and strengthen partnerships
- Hear from local programs on how they are collaborating across agencies

#### Agenda

- Overview of LOHP & CHVP objectives
  - Office of Oral Health & LOHPs Paula Lee
  - CHVP models Ciara Hunt
- Why oral health matters for shared priority populations – Ciara & Paula
- Local examples
  - San Diego Nancy Starr
  - Siskiyou Olivia Schmitz & Emily Harper
  - Modoc Cheyenne O'Sullivan & Savannah Wilson
  - Pasadena Claudia Pinedo
- Resources & wrap up



### California Department of Public Health Where LOHPs & CHVPs fit in the CDPH ecosystem

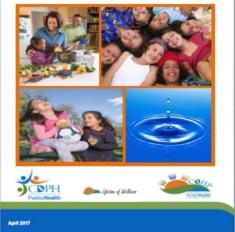


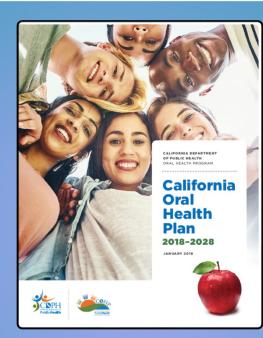




Paula Lee Chief, Local Programs and Statewide Interventions Unit, Office of Oral Health **California Department of Public Health** 

Status of Oral Health in California: Oral Disease Burden and Prevention 2017





#### California Partnership for Oral Health Plan



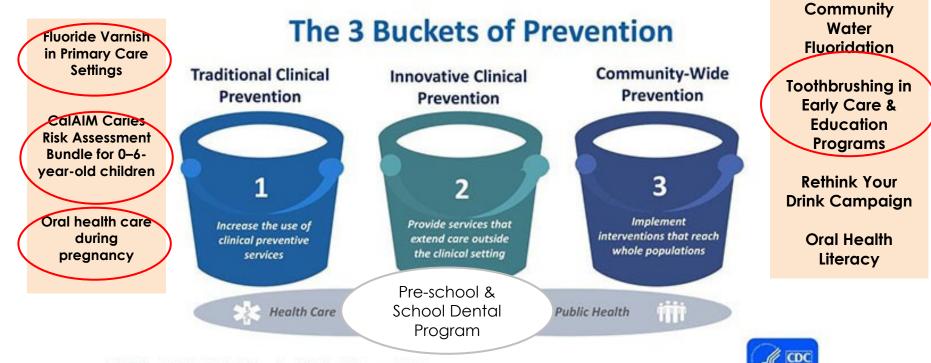
Oral health equity and well-being for all Californians.



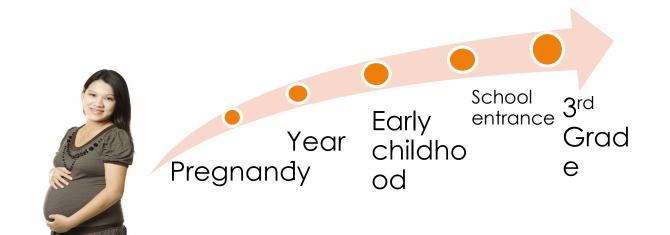


# Office of Oral Health Overview

### Approach to Reduce Oral Health Disparities in Women & Children



### California State Oral Health Plan Approach



Objective	Description
1.1	Build or maintain capacity and engage <b>community stakeholders</b> to provide qualified professional expertise in dental public health for program direction, coordination, and collaboration.
1.1.b	Establish or maintain Advisory Committee/ Coalition/ Partnership/ Task Force (AC) and continue to recruit <b>key organizations</b> /members representing diverse stakeholders.
1.2	Assess and monitor social and other determinants of health, health status, health needs, and health care services available to local communities, with a special focus on underserved areas and <b>vulnerable population groups</b> .
1.3	Identify assets and resources that will help to address the oral health needs of the community with an emphasis on underserved areas and <b>vulnerable population groups</b> within the jurisdiction.
1.4	Develop a new or update an existing community health improvement plan (CHIP) and create an action plan to address the oral health needs of underserved areas and <b>vulnerable</b> <b>population groups</b> for the implementation phase and to achieve the state oral health objectives.
2.3.b	Develop a protocol to implement assessment, counseling, and linkage to providers, as well as care coordination using the 5A's strategies for addressing oral health problems in <b>pre-school</b> and school-aged children.
3.2	Develop and implement a plan to identify and recruit Key Partners that work with underserved populations: County First 5 Commission, County Office of Education, local Child Health and Disability Prevention, Women, Infants, and Children, Early Head Start/Head Start, Maternal, Child, and Adolescent Health, Black Infant Health, schools, community-based organizations (CBOs), and <b>Home Visiting (HV) Programs</b> . *Note: If your LHJ is funded by CDPH's California Home Visiting Program, participate in the <b>Home Visiting Community Advisory Board</b> Meetings.
3.2.e	Develop and implement tailored trainings for <b>Key Partners</b> on how to integrate oral health in their respective settings through oral health education, assessment, counseling, and linkage to care in the community (referral, and follow-up for oral health care).
3.2.f	Develop guidance to assist <b>key partner programs</b> to incorporate oral health messages, education, referrals, toolkits, etc.
3.2.g	Conduct follow-up to determine how many <b>key partners and HV offices</b> have implemented an oral health component.
3.2.h	Conduct follow-up survey with select families receiving <b>home visitation services</b> to determine the effectiveness of the implementation.
5.1	Collaborate with primary care providers or school administrators to implement an evidence- based oral health literacy campaign for <b>parents and caregivers</b> such as the American Academy of Pediatrics Brush, Book, Bed (BBB) Campaign.
7.1.h	Identify opportunities to share resources and leverage matching dollars or new funding sources for prevention activities to improve oral health for underserved and <b>vulnerable populations</b> .

Local Oral Health Programs: 2022-2027 Work Plan Objectives

#### August 15, 2024

# Bringing California Home Visiting Programs and Local Oral Health Programs Together

California Department of Public Health Maternal Child and Adolescent Health Division

#### **California Home Visiting Program**

**Ciara Hunt** Program Consultant



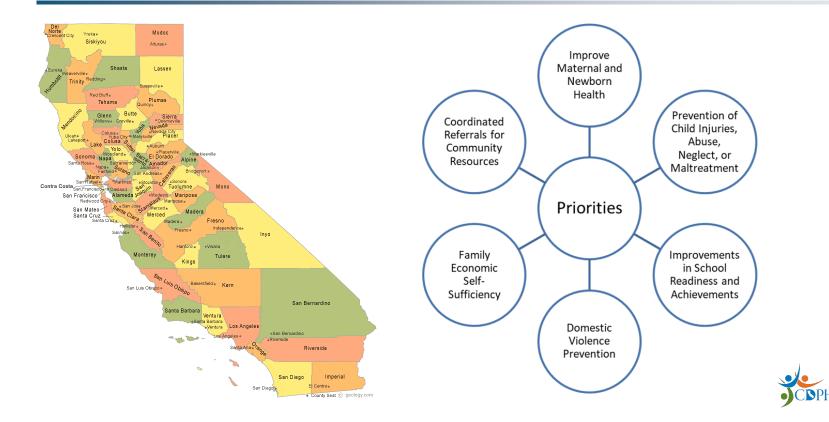
# Introduction

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### CA Home Visiting and Local Oral Health Programs Share 59/61 Local Health Jurisdictions!



mcah



# California Home Visiting Program (CHVP)

- CHVP pairs pregnant people and families with professionals for home visits, offering guidance, coaching, and access to vital services.
- Home visits aim to foster positive parenting and child development, strengthening family and community bonds.
- Home visitors provide support and resources, enhancing family health and well-being.





### **CHVP Success**

- 2022-2023 over 41,000 home visits were conducted
- Over 4,000 families served
- CHVP is a vital resource for diverse populations, offering support and empowerment to families across various backgrounds and circumstances



CHVP Evidence-Based Home Visiting Models

- Healthy Families America (HFA)
- Nurse Family
  Partnership (NFP)
- Parents as Teachers (PAT)
- Family Connects (FCI)
- Home Instruction for Parents of Preschool Youngsters (HIPPY)

# Healthy Families America (HFA)

• **Goal:** HFA trained paraprofessionals promote positive parent-child relationships with the aim of reducing child maltreatment, improving school readiness, promoting family self-sufficiency, and increasing access to community services.

• **Eligibility**: Expectant and parenting families prenatally or within three months of birth.

• Duration: Until the child is 3-5 years



# Nurse Family Partnership (NFP)

• **Goal:** NFP partners new mothers with public health nurses to promote and teach positive health and developmental behaviors while demonstrating improved child health and development and increased economic self-sufficiency.

• **Eligibility**: Low-income, first-time parents who enroll before the 29th week of pregnancy

• **Duration**: Services are provided until the child is 2 years old



## Parents as Teachers (PAT)

• **Goal:** PAT trained paraprofessionals provide parents with child development knowledge and parenting support. PAT supports early detection of developmental delays and health issues, prevents child abuse and neglect, and increase children's school readiness and success.

- **Eligibility:** Model allows the affiliate to determine the target population based on their community needs
- **Duration**: Serves families throughout pregnancy through kindergarten entry



# **Family Connects**

• **Goal:** Nurses aim to intervene with families early to help them address health concerns and access support to reduce potential disparity gaps later, especially among families that are part of historically marginalized groups.

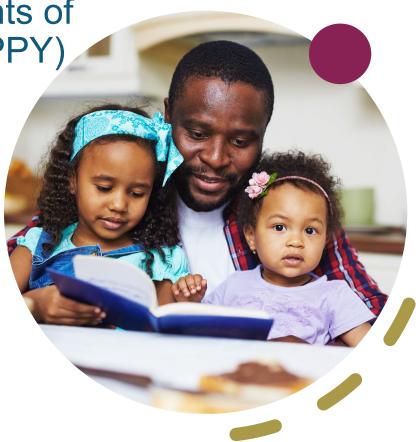
• **Eligibility:** FC is a universal model in which all parents of newborns in a community are offered a home visit with a nurse within about three weeks of birth.

• **Duration**: Nurses may make 1-2 follow-up visits or calls to provide additional focused support.



# Home Instruction for Parents of Preschool Youngsters (HIPPY)

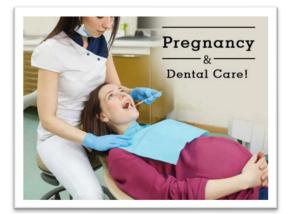
- **Goal:** HIPPY's mission is to help parents prepare their children for success in school and beyond. The model supports parents as their children's first teacher by providing them with a peer home visitor to teach them the tools, skills, and confidence to teach their young children in the home.
- **Eligibility Criteria:** HIPPY serves parents with children ages 2-5 years
- **Duration of services**: At a minimum, sites must implement at least two consecutive years of HIPPY curricula.



Why Oral Health Matters

> CIARA HUNT AND PAULA LEE PREGNANCY TO 5 YEARS

### **Oral Health Disparities Among Pregnant Women**



- Less than half of California's pregnant population is visiting the dentist – only 45%\*
- Women of color are less likely to visit a dentist\*
- Compared to half of white populations, only a third of Black and Hispanic populations have dental care during pregnancy \*



1 in 4 women of childbearing age have untreated decay\*\*

\*Office of Oral Health Pregnancy Fact Sheet (UCSF COHTAC) \*\*Pregnancy and Oral Health Facts | Oral Health | CDC

### Pregnancy and Oral Health



- May make women more prone to periodontal (gum) disease and cavities
- Can lead to poor health outcomes for mother and baby
- Periodontitis has been associated with poor pregnancy outcomes
  - preterm birth
  - Iow birth weight
  - gestational diabetes

California Department of Public Health Center for Healthy Communities Office of Oral Health Office of Oral Health Pregnancy Fact Sheet (UCSF COHTAC) Give Your Baby the Best Possible Start - HealthyChildren.org

### **Brushing for Two**



- Oral health is part of prenatal care\*
- Seeing a dentist while pregnant is totally safe\* including x-rays
- Good to get this done before your hands are full (literally) with your new baby.
- Brush 2x/day, floss daily

\*Office of Oral Health Pregnancy Fact Sheet (UCSF COHTAC) \*\*Give Your Baby the Best Possible Start - HealthyChildren.org

California Department of Public Health Center for Healthy Communities Office of Oral Health

#### Protect Tiny Teeth

- Dental check up by 1st tooth or by 1<sup>st</sup> birthday\*
- Parents can pass cavity-causing germs/bacteria to baby's mouth\*— avoid sharing eating utensils/straws and cleaning pacifier in own mouth
- Use a damp, clean cloth to wipe gums\*

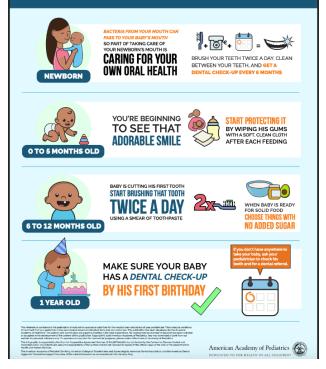
\*Give Your Baby the Best Possible Start - HealthyChildren.org





#### Resources

#### Milestones for mini mouths





#### Oral Health Campaign Toolkit (aap.org)



Smile, California

Smile, your Medi-Cal coverage includes dental benefits!



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### Medi-Cal Dental Smile, CA



<u>Healthy Smiles from</u> <u>Pregnancy Through the</u> <u>Toddler Years</u> (smilecalifornia.org)



California Department of Public Health

OFFICE OF ORAL HEALTH

DENTAL DECAY IS THE MOST COMMON CHRONIC CHILDHOOD DISEASE

In California 54% of Kindergartners have experienced tooth decay

# Impacts of Poor Oral Health for Children

- Social-emotional delays
- Inability to learn; concentrate
- Behavior issues; high emotion
- Infection/illness; poor nutrition
- Lack of self-confidence
- Absences from school/childcare



### Impacts of Poor Oral Health for Parents

- Adults with severe oral health issues may be embarrassed to smile or afraid to speak because their speech is impaired or their mouth hurts
- Parents with oral health issues may have trouble getting a job, working, or parenting due to discomfort/illness
- A lot of time and money spent addressing dental issues

# Oral Health Is an Important Part of Healthy Development

- By implementing a tooth brushing routine parents acquire the oral health literacy and education to know how to take care of their children's teeth from the beginning.
- Checkout the Brush in a Box Toolkit





#### Normal Healthy Primary Teeth





#### Chalky White Spots





#### **Brown Spots**





#### Severe Decay





### **Tips for Parents and Caregivers**

- Oral Health is an important part of overall health
- Cavities are preventable!
- Lift the lip to look for early signs of decay
- Brush teeth 2x a day for 2 minutes with fluoridated toothpaste (peasize for >3yrs and size of a grain of rice for <3yrs)</li>
- Help children brush their teeth until at least age 8 (and floss too)
- Visit the dentist 2X a year
- Have fluoride varnish applied to protect and strengthen the teeth

### Kindergarten Oral Health Assessment (KOHA)



- Children starting school are required to have an oral health screening by their first year of school (AB1433, 2005)
- KOHA forms are completed by a dental professional at school or a dental office



### LOHP & CHVP Collaboration



### Nancy Starr (LOHP) San Diego County

#### San Diego Local Oral Health Program (LOHP) & Nurse-Family Partnership







Nancy Starr, RDH, MPH Oral Health Program Manager

August 15, 2024



SANDIEGOCOUNTY.GOV/HHSA

## Where It All Began



- Oral Health and Nurse-Family Partnership (NFP) have a longstanding relationship.
- Programs collaborated with each other through efforts within the Maternal, Child, and Family Health Services Branch.
- Oral health staff provided trainings focused on oral health basics.

## **How Do We Support Each Other?**



- Attend community advisory board and coalition meetings.
- Blend funding with Maternal Child and Adolescent Health (MCAH).
- Provide trainings on oral health and fluoride varnish.
- Provide resources and supplies.
  o Brochures and toothbrushes
- Cross-thread messaging. • Social media messages

SANDIEGOCOUNTY.GOV/HHSA



## **Current Efforts**



- Expanded trainings and support to include:
  - 1. Fluoride varnish demonstrations and starter kit,
  - 2. Brochures in multiple languages,
  - 3. Key messaging, and
  - 4. Referrals.





## **Current Efforts**



- Provide oral health kit and information card to home visitors:
  - Pilot kit with nine county nurses in one region and expand to all home visiting nurses countywide.



#### SANDIEGOCOUNTY.GOV/HHSA

#### ORAL HEALTH KEY MESSAGES

#### Oral Health for Pregnant People

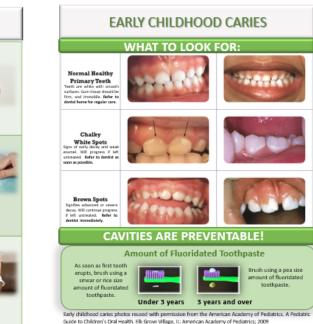
- Taking care of your mouth during pregnancy is very important.
- Due to hormonal changes, gums can turn red, become swollen, and bleed from inflammation.
- Untreated dental disease can lead to preterm labor and low birth weight babies.
- · Visit a dentist as part of prenatal care.

#### Oral Health for Babies

- If a mother has poor oral health, the bacteria that cause cavities can be passed on to the baby.
- Healthy mouth care begins before teeth erupt.
- Wipe baby's gums after each feeding.
- Babies should not go to sleep with a bottle.
- Begin brushing once teeth erupt.
- First dental visit by age ONE or when first tooth erupts.

#### Oral Health for Toddlers and Children

- Baby teeth are important. Cavities can be painful and
- affect the growth and development of your baby.
- Begin brushing teeth twice a day and floss when two teeth touch.
- · Limit foods and drinks high in sugar.
- Provide fruits and vegetables for snacks and meals.
- Drink water.
- Visit the dentist regularly.









### **Future Efforts**



- Continue to provide technical assistance, follow-up, and email updates.
- Expand to paraprofessionals who do home visits.
- Look for new opportunities.





## **THANK YOU**

Nancy Starr, RDH, MPH Oral Health Program Manager <u>Nancy.Starr@sdcounty.ca.gov</u> 619-780-1285 Joanna Tol, MSW MCAH Coordinator Joanna.Tol@sdcounty.ca.gov 619-643-6312

This work was funded by the California Department of Public Health (CDPH) under Contract #22-10192



The Public Health Services department, County of San Diego Health and Human Services Agency, has maintained national public health accreditation, since May 17, 2016, and was re-accredited by the Public Health Accreditation Board on August 21, 2023.



Olivia Schmitz (LOHP) & Emily Harper (CHVP) Siskiyou County





Olivia Schmitz, Siskiyou County LOHP

Emily Harper, Siskiyou County Home Visiting Program



810 S. Main St., Yreka, CA 96097 \* (530) 841-2134 \* phinfo@co.siskiyou.ca.us



## Siskiyou County Public Health

#### **Mission**

To promote and improve the health and wellness of the people of Siskiyou County through community empowerment and partnership

#### Vision

For all Siskiyou County residents to live healthy, connected, and equitable lives

#### Values

Excellence, Community, Service, Innovation, Collaboration, Equity



810 S. Main St., Yreka, CA 96097 \* (530) 841-2134 \* phinfo@co.siskiyou.ca.us

### County Overview/How Collaboration Started



#### Siskiyou County

- Population: 43,660
- Area: 6,347 square miles
- Ranked 57 of 58 healthiest communities in CA.



#### Local Oral Health Program

The goals of the Siskiyou County LOHP are to improve access to and utilization of dental services, oral health education and public awareness, integration of dental and medical care, and coordination of countywide efforts.

- Oral health bags
- County dental provider list
- Education resources
- HFA staff on coalition









### Healthy Families America

HFA staff work with families to identify and remove barriers in accessing health, dental, and vision care, enabling families to obtain health insurance, connect to primary care providers, and travel to the doctor when necessary.

#### HFA Staff:

- Provide referrals
- Help parents' complete paperwork
- Assist in scheduling appointments
- Encourage participation
- Follow up on appointments
- Discuss identified needs and next steps





### Wrap up/Questions







Cheyenne O'Sullivan (CHVP/LOHP) & Savannah Wilson (LOHP) Modoc County

# **MODOC COUNTY**

SAVANNAH WILSON, RDHAP

**CHEYENNE O'SULLIVAN, SUPERVISING PHN** 



### **OVERVIEW**

Advisory Committee/Collaborative Meeting Support for home visiting families Outreach/Group Connections



## ADVISORY COMMITTEE & COLLABORATIVE MEETINGS

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### LOHP ADVISORY COMMITTEE & MCAH COLLABORATIVE

Originally was 2 separate meetings, but as a small, rural county, we shared many members

Same staff person was overseeing LOHP and MCAH

Proposed joint meeting and was met with enthusiasm by all participants

Meet monthly, oral health has a section on the agenda and then MCAH/CHVP home visiting has a section and then we allow time for attendees/community partners to provide updates

# SUPPORT FOR HOME VISITING FAMILIES

Education, screenings, oral health hygiene kits, referrals



### EDUCATION, SCREENINGS, ORAL HEALTH HYGIENE KITS, REFERRALS

Assists home visitors with educational materials to share with families; oral health themed children's books

Provides screenings to families as needed and/or requested

Oral health hygiene kits for families (toothbrushes, toothpaste, xylitol gum, xylitol lollipops, floss) **Referrals/Care Coordination** 

 Works with home visiting staff to help families access routine and specialty dental services

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# OUTREACH & GROUP CONNECTIONS

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- 1. Community Events
- 2. Community Presentations
- 3. Screenings
- 4. Partner Agency Events
  - a. First 5
  - b. Early Head Start

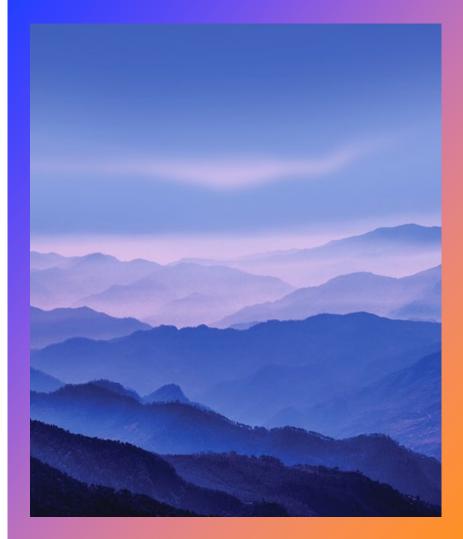
### OUTREACH & GROUP CONNECTIONS

### **THANK YOU!**

Savannah Wilson, RDHAP

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Cheyenne O'Sullivan, Supervising PHN cheyenneosullivan@co.modoc.ca.us





Claudia Pinedo (LOHP/CHVP) City of Pasadena



# PAJADENA

# Local Oral Health Program and Home Visitation Program Collaborative



#### I. Local Oral Health Introduction

- I. Scope of Work Objectives
- > Improve oral health literacy
- Access to dental providers
- > Distribution of oral health kits

#### **II.** Home Instruction for Parents of Preschool Youngsters

- I. Scope of Work Objectives
  - I. Home visitation program
  - II. Innovative component
  - III. Kindergarten readiness

#### III.Brush, Book, Bed

I. Collaborative efforts





- The Pasadena Local Oral Health Program strives to implement local activities supporting the California Oral Health Plan, with a focus on improving oral health within our unique community.
  - > Improve oral health literacy
  - > Access to dental providers
  - > Distribution of oral health kits





- Working with partners to promote oral health by developing and implementing prevention and health care policies and guidelines for programs
  - > KOHA Reporting
  - > Key Partner Recruitment Plan
    - Home visitation programs



#### PAJADENA



- Coordinate outreach programs; implement education, health literacy campaigns and promote integration of oral health and primary care.
  - > Build Social Network
  - > American Academy of Pediatrics Brush, Book, Bed (BBB) Campaign
  - > Oral Health Literacy

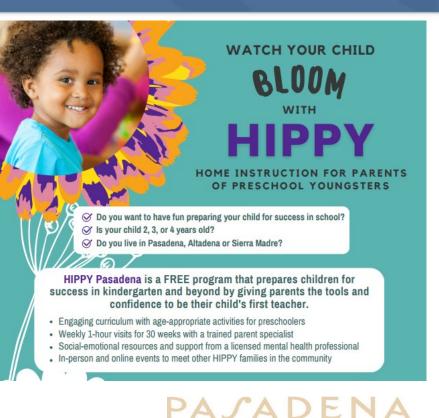


#### PAJADENA



#### Home Instruction for Parents of Preschool Youngsters (HIPPY)

- FREE 30-week, evidence-based, home-visiting program
- Activities in Literacy, Language, Motor, Science, Math
- Learn & Play group meetings
- Family Support Services
  - Referrals for ongoing therapy
  - Community resources
- Kindergarten Readiness Media Campaign





#### Home Instruction of Parents of Preschool Youngsters (HIPPY)

- Implement and maintain an innovative home visiting project
  - Increase awareness of kindergarten readiness and HIPPY program services
  - Collaborate with community organizations to host events to promote school readiness



#### PAJADENA



#### Brush, Book, Bed

- Host Annual BBB in collaboration with HIPPY
- Free in-person event for parents, caregivers and children of all ages
- Provide free child oral health screenings, oral health education and resources



for parents, caregivers, and children of all ages. Join the Home Instruction for Parents of Preschool Youngsters (HIPPY) and Local Oral Health Program (LOHP) for EPEE child

Join the Home Instruction for Parents of Preschool Youngsters (HIPPY) and Local Oral Health Program (LOHP) for FREE child oral health screenings\*, oral health education and resources, prizes, food, and more!

Saturday, March 9 | 10 a.m. - Noon La Pintoresca Library 1355 N. Raymond Ave.

HIPPY@CityOfPasadena.net

**\$** (626) 744-6198

For more information, visit: bit.ly/BBBRegistration2024

\*Oral health screenings are performed by a local pediatric dentist and are by appointment only. Priority will be given to children 0-5 years old, but screenings are open to all children under 18. Your child does not have to receive a screening to attend the event. Dental insurance is not required.

For accessibility information and requests, contact (626) 744-7311 or CSC@CityOfPasadena.net. Providing at least 72 hours advance notice will help ensure availability.







#### **HIPPY and LOHP**

- Free Oral Health Screenings with community collaboration
  - Young and Healthy and USC Dental Students
    - Oral Health Screenings (KOHA)
    - Fluoride Varnish
    - Dental Kits
- Soft play area, story time, dance party
- Water bottle decorating and oral health education
- Community resources available





#### PAJADENA



#### Staff:

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Tiffany Ross-Triplet, MBA HIPPY Program Coordinator tross@cityofpasadena.net



#### PAJADENA

### Resources for Home Visitors and LOHP Staff

- National Maternal and Child Oral Health Resource Center
- Early Childhood Learning & Knowledge Center: Oral Health | ECLKC
- Promoting Oral Health During a Home Visit | ECLKC (hhs.gov)





### More Resources

- Toothtalk.org
- <u>Brush, Book, Bed/Cepillo,</u> <u>Libro, Cama</u>
- <u>Best Toothbrushing Songs</u> <u>for Kids-American Dental</u> <u>Association</u>
- Fun Ways to Encourage Kids to Brush Their Teeth



### **Even More Resources!**

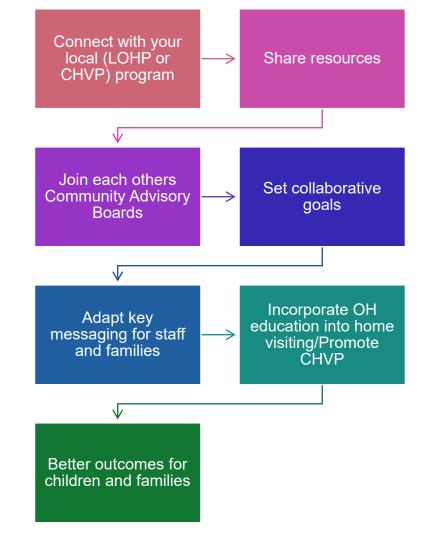
- California Home Visiting Program (CHVP)
- Oral Health Program (ca.gov)
- <u>The California Oral Health Technical Assistance</u> <u>Center | California Oral Health Technical</u> <u>Assistance Center (ucsf.edu)</u>
- Smile California | Medi-Cal Dental Program

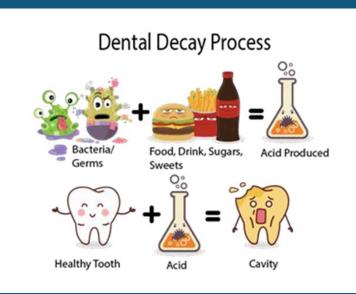




### The ABCs of Good Dental Health for Young Children

# Next Steps





## Q & A Question and Answer





# Thank You!

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