

What if there was a magic key?



a key that could

- Improve health outcomes
- Lower rates of dental caries and periodontal disease
- Increase use of preventive dental services
- Improve patient participation in their own care
- Increased likelihood of patients getting care they need
- Be the strongest predictor of health outcomes
- Improve the effectiveness of other activities and initiatives



a key so important that it has

- 6 Healthy People Objectives
- A dedicated action plan from Dept of Health & Human Services and ADA
- A National Advisory Committee
- Been included in CODA requirements
- Been emphasized by the Surgeon General
- Focus of a guide developed by the CDC



What is this magic key?

Health literacy



a key that is out of reach

- To 43% of adults





Exercise

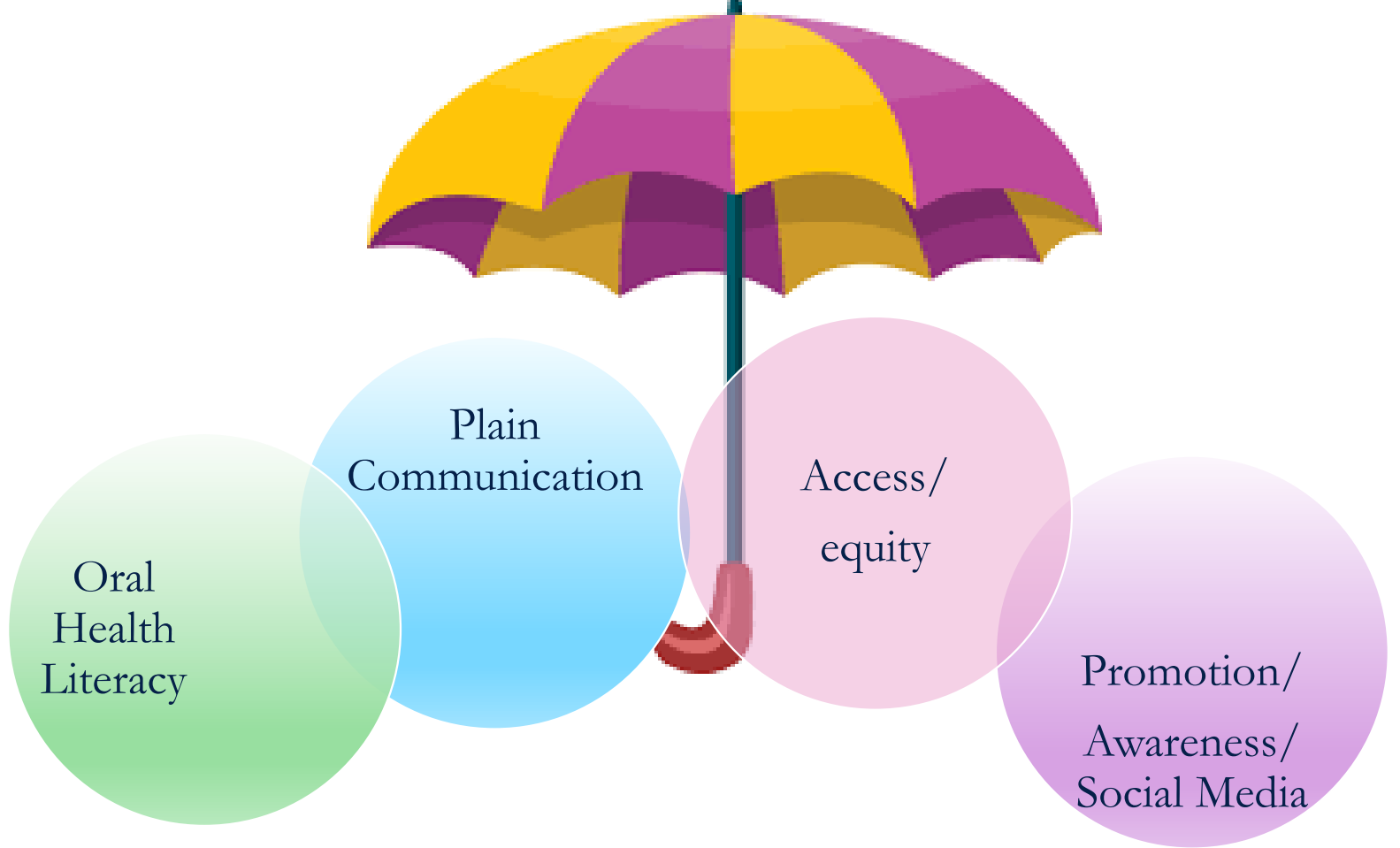
- The rate at which _____ replaces _____ is described as the air _____ rate. ASHRAE recommends that homes receive 0.35 _____ per hour but not less than 15 _____ minute per _____ as the minimum _____ in residential buildings in order to provide IAQ that is acceptable to human _____ and that minimizes adverse health effects. ASHRAE also suggests intermittent _____ capacities for kitchens and bathroom _____ to help control pollutant _____ and moisture in those rooms. ASHRAE also notes that "dwellings with tight enclosures may require supplemental _____ supply for fuel-burning appliances, including fireplaces and _____ appliances."

How much ventilation do I need in my home to improve indoor air quality?

- The rate at which **outdoor air** replaces **indoor air** is described as the air **exchange** rate. ASHRAE recommends that homes receive 0.35 **air changes** per hour but not less than 15 **cubic feet of air per minute (cfm)** per **person** as the minimum **ventilation rates** in residential buildings in order to provide IAQ that is acceptable to human **occupants** and that minimizes adverse health effects. ASHRAE also suggests intermittent **exhaust** capacities for kitchens and bathroom **exhaust** to help control pollutant **levels** and moisture in those rooms. ASHRAE also notes that "dwellings with tight enclosures may require supplemental **ventilation** supply for fuel-burning appliances, including fireplaces and **mechanically exhausted** appliances."

How much ventilation do I need in my home to improve indoor air quality?
—Environmental Protection Agency

www.epa.gov/indoor-air-quality-iaq/how-much-ventilation-do-i-need-my-home-improve-indoor-air-quality



Accomplishments



What is Teach-Back?



This booklet outlines how to do teach back. It provides example scenarios and scripts for you to practice with. Use them. You'll get a feel for what it's like and get some ideas about how to start a teach-back conversation.



¿Qué es el método de enseñar lo aprendido (Teach-Back)?



Este folleto describe cómo hacer el método de enseñar lo aprendido. Proporciona ejemplos de situaciones y guiones con los cuales puede practicar. Utilícelos. Se familiarizará con cómo se hace y obtendrá algunas ideas sobre cómo comenzar una conversación acerca de cómo enseñar lo aprendido.



Oral Health Education Resources

Keeping your teeth healthy is one of the best things you can do for your overall health. Below are materials about the importance of good oral health and preventive dental care for all ages.

lts



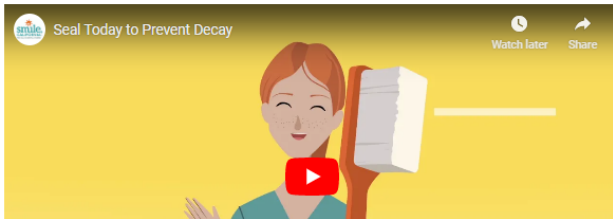
Kids (5-12)

The best way to keep your child's gums and teeth healthy is to take him or her to regular dental visits every 6 months

Smile, California: Molar Sealant Information Sheet

Ways to Protect Teeth in School-Aged Kids

Seal Today to Prevent Decay



Resource Center

The California Oral Health Technical Assistance Center (COHTAC) Resource Center is a searchable database that is continuously updated to provide a wide selection of dental public health resources.

Browse by Audience

See all Audiences >

Educational Resources 	Fluoride Prevention Programs 	Health Literacy and Cultural Competency
Linkages to Care Delivery 	Medical and Dental Integration 	Planning Deliverables
Rethink Your Drink 	School and Screening Programs 	Tobacco and Vaping Cessation

Accomplishments

Brush, Book, Bed: How to Structure Your Child's Nighttime Routine

Brush, Book, Bed, a program of the American Academy of Pediatrics (AAP), has a simple and clear message for parents:

1. **Each night, help your children to brush their teeth.**
2. **Read a favorite book (or two)!**
3. **Get to bed at a regular time each night.**



Accomplishments

Raising local oral health awareness



Communication strategies to engage your community and promote KOHA



A presentation by Matt Jacob to local health leaders in California ♦ October 22, 2019

KOHA Talking Points

1. Children's educational future is shaped early in life—and school readiness is critical.

- The early years are pivotal. As one education expert points out, most children who drop out of school are “on that trajectory by the time they’re 8 years old.”¹
- School readiness is much more than attending to children's early learning and cognitive development. Head Start officials stress that physical health is a key part of school readiness.²

2. Absenteeism lowers student achievement and drains funding from school districts.

- Research shows that student achievement suffers from absenteeism, regardless of whether the school is located in an urban, rural or suburban community. In addition, the harm to learning from absences is greatest among the most vulnerable students—low-income children and English language learners.

Engaging your local news media

Strategies to seek media coverage about oral health and KOHA



A presentation by Matt Jacob to local health leaders in California ♦ November 6, 2019

Letter templates from local health jurisdictions and/or local educational agencies addressed to: WIC, HV programs, Early Care & Education partners

Objective: Raise awareness of WIC, Home Visiting Programs, Early Care & Education Partners about importance of oral health and to provide resources they can also share with parents.

Notes: This template requires you to customize by entering the name of your County and the template below shared with parents, as well as any additional resources your local oral health program has shared with these sites that may be helpful. Review all the highlighted sections to determine how to customize for your county and audience.

Accomplishments



Promoting Children's Oral Health Project Social Media Toolkit



Molar Sealants prevent cavities




AND

Dental problems are the number one reason kids miss school.

Ask your dentist about sealants at your next appointment!

Pasos para completar la evaluación de la salud bucal de kindergarten (KOHA)



- Encuentre a un dentista
- Haga una cita con el dentista
- Obtenga el formulario de evaluación de KOHA
- Lleve el formulario KOHA a su visita con el dentista de su hijo/a
- Lleve el formulario KOHA completo a la escuela de su hijo/a

Accomplishments

ohealthinfo.com/services-programs/wellness-safety-prevention/local-oral-health-program

Select a language: English (US) 中文 한국어 Español Tiếng Việt

OCgov.com

OChealth CARE AGENCY

ABOUT US HOW DO I? SERVICES & PROGRAMS FOR PROVIDERS & PARTNERS NEWS & DATA CAREERS & JOBS

Physical Fitness (NUPAC)

Local Oral Health Program

Tobacco Use Prevention

About Us:

In January 2018, Orange County received funding from the California Department of Public Health to establish a Local Oral Health Program. This funding was made possible by the enactment of Proposition 56, the California Health and Prevention Tobacco Tax of 2016, which added an additional \$2 tax on tobacco and tobacco products. With guidance from State Oral Health

countyofmerced.com/3198/Oral-Health-Program

FLOODING INFO Flooding Resources & Information View any current flood notices

MERCED COUNTY DEPARTMENT OF PUBLIC HEALTH

COMMUNITY HEALTH EMERGENCY SERVICES ENVIRONMENTAL HEALTH BASIC HEALTH SERVICES

Oral Health Program

ASK Merced County

Hi, how can I help?

Ask a Question

Alameda	Imperial	Mono	San Diego	Sonoma
Butte	Kings	Monterey	San Francisco	Sutter
Calaveras	Lake	Nevada	San Joaquin	Tehama
Colusa	Long Beach	Orange	San Luis Obispo	Tulare
Contra Costa	Los Angeles	Pasadena	San Mateo	Tuolumne
El Dorado/Alpine	Madera	Placer	Santa Cruz	Ventura
Fresno	Marin	Riverside	Shasta	Yolo
Glenn	Merced	Sacramento	Siskiyou	
Humboldt	Modoc	San Bernardino	Solano	

77%

UCSF University of California San Francisco

California Department of Public Health OFFICE OF ORAL HEALTH

Lunch & Learn: Website Design, Development, and Maintenance

November 17, 2022



Health Literate People, Providers & Organizations





Advancing Communication/Oral Health Literacy

Using the magic key to unlock the full potential of all our oral health activities





Thank you!

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