

Maintaining good oral health during pregnancy is important for both mothers and newborns.

Less than half of California's pregnant population (45 percent) is visiting the dentist.

WOMEN OF COLOR ARE LESS LIKELY TO VISIT A DENTIST.

Compared to **half** of white populations, only a **third** of Black or Hispanic populations **HAVE DENTAL CARE DURING PREGNANCY.**





1 in 3

BLACK/HISPANIC POPULATIONS

WHAT CAN YOU DO?

Seek regular dental care because it is safe and important at any time during pregnancy.

WHAT MAKES THIS SUCH AN IMPORTANT ISSUE?



- Oral health is an important part of prenatal care, not only for the overall health of pregnant women, but also for pregnancy outcomes and the oral health of newborns.
- Talk to your healthcare provider about dental care during pregnancy to keep you and your baby healthy!

Source: California Department of Public Health, Maternal, Child and Adolescent Health Division, Maternal and Infant Health Assessment (MIHA) Survey, 2018-2019.

www.cdph.ca.gov/miha