



Pregnancy & Dental Care!

Receiving regular dental care during pregnancy is **safe and important** for both mothers and newborns.

Less than half of California's pregnant population (45 percent) is visiting the dentist.

WOMEN OF COLOR ARE **LESS LIKELY** TO VISIT A DENTIST.

Compared to **half** of white populations, only a **third** of Black or Hispanic populations **HAVE DENTAL CARE DURING PREGNANCY.**



WHITE POPULATIONS



BLACK/HISPANIC POPULATIONS

WHAT MAKES THIS SUCH AN IMPORTANT ISSUE?

- ◆ Oral health is an important part of **prenatal care**, not only for the overall health of pregnant women, but also for pregnancy outcomes and the oral health of newborns.
- ◆ Poor oral health during pregnancy has been associated with **adverse pregnancy outcomes^{1 2}** including:
 - preterm delivery
 - preeclampsia
 - gestational diabetes
 - worsening of conditions such as periodontal disease



Talk to your patients about scheduling regular dental appointments during pregnancy.

National Consensus Statement

<https://www.mchoralhealth.org/PDFs/OralHealthPregnancyConsensus.pdf>

Source: California Department of Public Health, Maternal, Child and Adolescent Health Division, Maternal and Infant Health Assessment (MIHA) Survey, 2018-2019. www.cdph.ca.gov/miha

References:

1. Boggess KA. Maternal oral health in pregnancy, Society for Maternal-Fetal Medicine. Obstet Gynecol 2008; 111:978-86

2. Walia M, Saini N. Relationship between periodontal diseases and preterm birth: Recent epidemiological and biological data. Int J App Basic Med Res 2015 Jan-Apr; 5(1):2-6. doi: 10.4103/2229-516X.149217. PMID: 25664259.