

Training Plan

Workplan Objective/Activity Description

Due August 31, 2025 (new deadline)

- Activity: 3.2.e, Key Partners

Develop and implement tailored trainings for Key Partners on how to integrate oral health in their respective settings through oral health education, assessment, counseling, and linkage to care in the community (referral, and follow-up for oral health care).

A. Training and implementation plan*

- Activity: 5.3, Oral Health Literacy

Adapt and implement trainings tailored to dental offices, primary care offices, and CBOs on how to integrate oral health literacy in their respective settings.

A. Training Plan

The [Oral Health Literacy Toolkit](#) serves as a digital guide for oral health care providers to explore or refresh their understanding of the core principles of oral health literacy. It emphasizes the importance of clear communication, practicing cultural humility, and fostering a welcome environment for patients. Designed for versatility, the toolkit provides actionable strategies to incorporate health literacy into any dental care setting.

Deliverable Instructions

Step 1: Identify Key Partners

Key partners may include but not limited to:

- County First 5 Commission
- County Office of Education
- Women, Infants, and Children (WIC)
- CalFresh Healthy Living
- Early Head Start/Head Start
- Maternal, Child, and Adolescent Health (MCAH)
- Tobacco Cessation/Prevention Programs
- Black Infant Health
- Schools
- Dental schools and Federally Qualified Health Centers (FQHCs)
- Local dental societies

- Community health workers (CHW)/Promotoras
- Community-based organizations (CBOs)
- Home Visiting (HV) Programs
- Media, local businesses, policy makers

Step 2: Training Topics:

Potential training areas may cover a variety of essential subjects, including but not limited to:

- Oral hygiene techniques
- Nutrition's role in oral health
- Toothbrushing practices for early education and childcare settings
- Application of fluoride varnish
- Education on dental sealants
- Conducting oral health assessments
- Counseling to promote better oral health habits
- Facilitating linkage to care systems
- Case management strategies
- Use of Oral Health Literacy Campaign materials/toolkits

Step 3: Implement training*

When implementing training, consider these essential questions:

- **Audience:** Who are you focusing on with this training?
- **Key Message:** What main points and takeaways do you aim to communicate?
- **Curriculum/Materials:** What resources or curriculum will you rely on for the training sessions?
- **Mode of Delivery:** Will the training be conducted virtually, in person, or a combination of both?
- **Facilitator Role:** Are you leading the training as the facilitator, or will someone else take on this role?
- **Train-the-Trainer Approach:** Are you preparing trainers to carry out future sessions?
- **Printing Needs:** Do you need physical copies of training materials for participants? Do you need a sign in sheet to document attendees? Do you have an evaluation form/survey link to assess the training?

References

The American Academy of Pediatrics (AAP) provides [Oral Health Education and Training](#) materials and modules. The information and resources will help you to identify oral disease, provide caries prevention services, and establish referral relationships with dental professionals.

[Minnesota Oral Health Coalition \(MOHC\) Videos](#): MOHC has many helpful video resources focused on collaborating with communities and schools, improvements through innovation and integration, and the lifelong importance of oral health.

[Smiles for Life Training Videos](#): Smiles for Life has several demonstration videos of patient care, including knee-to-knee, fluoride varnish application, and palpation of the temporomandibular joint (TMJ) and the floor of the mouth.

[How To Apply Fluoride Varnish \(From the First Tooth\)](#): From the First Tooth has instructional videos of how to apply fluoride varnish in a primary care setting for very young children.

Toolkits

1. [Fluoride](#)
2. [KOHA](#)
3. [Oral Health Literacy](#)
4. [Rethink Your Drink](#)
5. [Tobacco Cessation](#)
6. [Toothbrushing in EECC](#)

Educational Training Materials

1. [Early Childhood Learning and Knowledge Center \(ECLKC\)](#)
2. [CDC Children's Oral Health](#)
3. [First 5 CA Oral Health](#)
4. [Healthy Habits for Healthy Smiles](#)
5. [Oral Health Care During Pregnancy](#)
6. [A Head Start Teacher's Guide for Creating Healthy Smiles](#)
7. [Mouth Heroes for Schools](#)

8. [Healthy Smiles for a Lifetime/Sonrisas Saludables para Toda la Vida](#)
9. [The Children's Oral Health Institute: Lessons in a Lunch Box](#)
10. [Mouth Healthy: Smile Smarts Dental Health Curriculum](#)
11. [Smile, California: Children's Dental Health Education Package](#)

Resources

1. [PL 2023-02 Implementation Plan Instructions](#)
2. [PL 2023-03 Community Health Improvement Plan \(CHIP\) Updating](#)
3. [PL 2023-04 Updating the Community Oral Health Needs Assessment](#)